

# Family Resource Center newsletter

January/February 2017

## CREATING A PARTNERSHIP BETWEEN THE SCHOOL, FAMILY AND COMMUNITY.

### IMPORTANT DATES:

#### January:

- 12 Evening Playgroup
- 13 Gross Motor Event
- 19 Parent Support Group
- 23 Autism Support Group
- 27 Fire Station Visit
- 30 Grandparents Support Group

#### February:

- 2 Fatherhood Series Begins
- 7 Transition to Kindergarten
- 7 Evening Playgroup
- 10 Library Visit
- 13 Grandparents Support Group
- 16 Parent Support Group
- 24 Gross Motor Event
- 27 Autism Support Group

#### FRC Closed:

- 1/2: New Year's Day
- 1/16: Martin Luther King Jr. Day
- 2/20: Presidents Day
- 2/21: School Closed/No FRC Programs

#### Weather Cancellation Policy:

When the Enfield Public Schools cancel school, our playgroups and programs will be cancelled. If there is a late opening, morning playgroups and programs will be cancelled. If there is an early release due to weather, afternoon playgroups will be cancelled. For information on school cancellations, call 860-253-5170.



### Family Resource Centers

Enfield Street School  
1318 Enfield Street  
Enfield, CT 06082  
860-253-5144  
Monday - Friday  
8:00am to 4:30pm

Stowe Early Learning Center\*  
117 Post Office Road  
Enfield, CT 06082  
860-253-6580  
Monday - Friday  
8:30am to 3:00pm

\*Support for this work is provided in part by the LEGO® Community Fund U.S.

[www.enfield-ct.gov/frc](http://www.enfield-ct.gov/frc)



Just a reminder that we are on Facebook. Like our page and get information on upcoming events.



### SUPPORT GROUPS

#### AUTISM SUPPORT GROUP

Sponsored by ShopRite of Enfield

**Mondays: Jan 23 & Feb 27**

**6:15pm to 7:30pm**

**Enfield Street School Library  
1318 Enfield Street**

**To Register: Call 860-253-5144 or email**

**Amy Morales: [amorales@enfield.org](mailto:amorales@enfield.org)**

The Enfield Autism Support Group is a group of parents who meet once a month to highlight successes and achievements in their children's growth. It is a safe place to explore concerns and obstacles as a way of obtaining fresh ideas. The main focus of the group is to offer support, acceptance and encouragement to parents in the local area who have children or family members with Autism Spectrum Disorder.



*Refreshments and Childcare provided.*

#### GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

**Mondays: Jan 30 & Feb 13**

**6:00pm to 7:30pm**

**Enfield Street School  
1318 Enfield Street**

**To Register: Call 860-253-5144 or email**

**Amy Morales: [amorales@enfield.org](mailto:amorales@enfield.org)**

Are you a grandparent raising grandchildren or other relative children? This support group was created for grandparents that need support and resources as they embark on a new and exciting time in their life, while raising their grandchildren.

*Dinner and Childcare Provided.*

\*Sponsored by the Commission on Aging and the Thomas M Meredith Fund.

#### PARENT SUPPORT GROUP

**Thursdays: Jan 19 & Feb 16**

**6:00pm to 7:30pm**

**Alcorn School  
1010 Enfield Street**

**To Register: Call 860-253-5144 or email**

**Amy Morales: [amorales@enfield.org](mailto:amorales@enfield.org)**

The Parent Support Group was created to support all parents and soon-to-be parents with everyday challenges they face with raising children. In this group, parents are encouraged to share and discuss their experiences and also receive positive feedback from their peers in a safe, non-judgmental environment.

*Dinner and Childcare Provided.*

#### English:

Interpretation services now available for families in many languages

#### Spanish:

Los servicios de interpretación ahora están disponible en muchos idiomas para las familias.

#### Arabic:

خدمات الترجمة الشفوية متوفرة الآن للأسر، في العديد من اللغات

### PLAYGROUPS

#### FREE LEARNING THROUGH PLAYGROUPS FOR ENFIELD FAMILIES

Sponsored by USA Hauling and Recycling, Inc.

##### Alcorn School

**1010 Enfield Street**

**Tuesdays:**

**1:30pm-2:30pm**

##### Enfield Street School

**1318 Enfield Street**

**Wednesdays:**

**9:15am to 10:15am or**

**10:30am to 11:30am**

##### Stowe Early Learning Center

**117 Post Office Road**

**Tuesdays or Thursdays:**

**9:15am to 10:15am or**

**10:30am to 11:30am**

**Wednesdays:**

**9:15am to 10:15am**

Come and join us for songs, stories, play and activities. This is an interactive and educational playgroup for Moms, Dads, Grandparents, caregivers and their children. Bring your children ages birth to five. You must register to attend. Wait lists have been started for some sessions.

**For more information on our playgroups, please contact:  
Enfield Street School and Alcorn:**

Kelly Egan at 860-253-4769 or

Email: [kegan@enfield.org](mailto:kegan@enfield.org)

**Stowe Early Learning Center:**

Erin Grimes at 860-253-6580 or

Email: [egrimes@enfield.org](mailto:egrimes@enfield.org)



#### FREE INCOME TAX PREPARATION

This free tax preparation service will be provided through the IRS Volunteer Income Tax Program (VITA). This program runs from January to April 2017 by appointment at the Department of Social Services. **If your household annual income is under \$54,000, please dial 2-1-1 and press 3 for an appointment or sign up online at [www.211ct.org](http://www.211ct.org).** Call Social Services at 860-253-6395 for more information.



## EVENTS

***All FRC Events are free; however, space is limited and you must pre-register for each event.***

Please call Erin Grimes at 860-253-6580 or email her at [egrimes@enfield.org](mailto:egrimes@enfield.org) to register for any events or for more information.

### EVENING PLAYGROUPS

Thursday, January 12 (Snow Date Jan. 26)

Tuesday, February 7 (Snow Date Feb. 28)

6:00pm to 7:00pm

Stowe Early Learning Center

Join us for a fun evening of playing in our new Creative Play Center. Come experience the different areas within the center: science, art, music and building! Parents and caregivers with their children are welcome.

### GROSS MOTOR EVENTS

Fridays, January 13 and February 24

9:30am-11:00am

Angelo Lamagna Center, 19 N. Main St.

Join us for a fun morning of activities which engage your child's gross motor skills. Come push large cars and trucks, ride a trike or play basketball.



### FIRE STATION VISIT

Friday, January 27

10:00am

Thompsonville Fire Station,  
35 N. Main St.

Join us for a trip to see our new Fire Station and meet some firefighter friends.



### LIBRARY VISIT

Friday, February 10

10:00am to 11:00am

Enfield Public Library, 104 Middle Rd.

Join the FRC for a playgroup at the library. Enjoy toys, stories and even get your own library card.



### PARENTS AS TEACHERS PROGRAM

**Are you expecting a baby or do you have a child ages birth to five?**

Are you looking for information, support or encouragement as your child develops? Parents as Teachers (PAT) is a free, nationally recognized home-visiting program that supports parents in their role as their child's first and most important teacher. The program offers personal visits with your PAT Certified Parent Educator, developmental screenings and a resource network.

**For more information, please call one of our certified Parent Educators:**

Erin: 860-253-6580 or email [egrimes@enfield.org](mailto:egrimes@enfield.org)

Kelly: 860-253-4769 or email [kegan@enfield.org](mailto:kegan@enfield.org)

### FATHERHOOD WORKSHOP SERIES:

Thursdays, Beginning February 2

5:30pm to 7:30pm for 8 Weeks

Family Resource Center at Stowe

117 Post Office Road, Enfield

Calling all Dads and Family Men for an eight session workshop. Come and enjoy a lively interactive conversation using videos, music and photos to find new tools to parent your children and set them up for success. Sessions facilitated by Doug Edwards, Director of Real Dads Forever. Free dinner and childcare provided. **To register for this program or for more information, please call Erin at 860-253-6580 or email her at [egrimes@enfield.org](mailto:egrimes@enfield.org).**



### PARENT LEADERSHIP ACADEMY:

Thursdays, Beginning February 9

5:30pm to 8:30pm for 12 weeks

Stowe Early Learning Center

117 Post Office Road, Enfield

Come join the academy for our 12th year helping Enfield parents discover the leader within! Our workshops are guided by professionals from around the country and world and will give you the tools and the confidence you need to ask for and receive positive change in your life and in your community. Free dinner and childcare provided. The classes wrap up with a community service project demonstrating all the new skills!

**Orientation will be held on Saturday, February 4th from 9:00am to 3:30 pm.**

**To register for this program or for more information, please call Lisa Rogers at 860-335-5208 or email her at [mrogers03@snet.net](mailto:mrogers03@snet.net).**

### ADULT EDUCATION & FAMILY LITERACY PROGRAM

**ESL classes:** Four levels of classes for those with no English skills to those with more advanced skills. Classes meet Tuesday, Wednesday, and Thursday mornings from 9:00am to 11:00am and Monday and Wednesday evenings from 6:30pm to 8:30pm.

**Citizenship Classes** meet Monday nights from 6:30pm to 8:30pm and mornings by appointment.

**GED classes** meet Monday through Friday mornings from 9:00am to 11:00am and Monday and Wednesday evenings from 6:30pm to 8:30p.m. GED tests and prep offered in Spanish.

**Developmental Daycare** offered Tuesday, Wednesday and Thursday mornings for students attending classes. Free Ages and Stages Evaluations offered by appointment.

**For more information regarding Adult Education and for the most up to date class schedule, please call 860-763-7032.**

## FRC NEWS:

In the new year, the FRC will welcome eight Bay Path University student interns in the Occupational Therapy program. Students will be attending our weekly playgroups to provide activities to encourage child development in all areas. We are looking forward to this partnership!



### PREPARING FOR THE KINDERGARTEN TRANSITION

Tuesday, February 7

Snow Date: Thursday, February 16

6:30 pm to 8:00 pm

JFK Middle School

**Enfield parents and educators of children who will start Kindergarten in September 2017 are invited to attend.**

Parents and educators will receive information on the goals and expectations of a child entering kindergarten, transition tips and registration information.

Kindergarten teachers will discuss the kindergarten experience and address some parent concerns.

Childcare will not be available.

**Please RSVP to Karen Edelson at 860-763-7043 or email her at [kedelson@enfield.org](mailto:kedelson@enfield.org).**

**\*Event sponsored by: Enfield KITE**



### GROSS MOTOR ACTIVITY IS THE FOCUS OF OUR PLAY GROUPS FOR JANUARY AND FEBRUARY

Winter weather is upon us and sometimes it is hard to get outside for fresh air and exercise. Here are some fun indoor gross motor activities to try with your little ones!

**Children under 12 months:** Offer open spaces for your baby to explore, roll, crawl, pull up to standing and opportunities to experiment with toys through shaking, pushing, dropping, banging and throwing!

**Children 12-24 months:** Offer your child support and encouragement in walking, climbing, stooping, running, hopping on two feet, dancing, kicking balls and throwing!

**Children 24-36 Months:** Offer your child space to explore, run, use stairs, use riding toys, kick and throw balls, hop, skip, jump and practice balancing on one foot.

Weather permitting, let your toddler run up a hill, swing, try a climber and a slide, all while supporting this new emerging independence!



## Thank You to Our Business Sponsors!



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LEGO® Community Fund U.S.  
Cutting Loose Salon



**Lauren Mazzoli of Chestnut Oak Associates Realty:** *"In honor of Bonnie Mazzoli for her lifelong dedication to literacy with children."*  
**Shelly Turgeon Folsom:** *"In loving memory of my parents, Milt and Dolly Turgeon."*