

Seminars – February 2017

Thinking of Changing Your Address?

Wednesday, February 1, 1 pm

Cheryl Vitale of Berkshire Hathaway Home Services will talk about the housing market and answer any questions you have about selling or buying a home.

Sepsis Kills: Know the Signs

Wednesday, February 8, 1 pm

Nancy Coleman Hernandez, BSN, RN, Sepsis Program Coordinator, Saint Francis Hospital and Medical Center

Have you ever heard of this condition that killed Muhammed Ali and Pope John Paul II? Every two minutes someone in America dies from Sepsis; those over 65 are most at risk. This medical complication of infection kills more Americans each year than AIDS, prostate cancer and breast cancer combined. Come learn from Saint Francis Hospital Coordinator, what sepsis looks like, how to prevent it, and when to seek emergency medical treatment.

Hand Arthritis

Wednesday, February 15, 1 pm

Karen Pettengill will be our presenter. She is a certified hand therapist and also the company's New England Regional Hand Therapy Program Coordinator. She has over 34 years of experience and has published numerous articles in the Clinical Rehabilitation of the Hand, Journal of Hand Therapy, and Clinical Concepts.

Your Journey to Better Heart Health

Wednesday, February 22, 1 pm

Heart disease is one of the leading causes of death for both men and women. About 610,000 people die of heart disease each year in the United States, which is 1 in every 4 deaths. Join Dianne Kessler-Hartnett RN, Johnson Memorial Hospital Cardiopulmonary Rehabilitation and learn the signs and symptoms of a heart attack and what you can do to reduce your heart attack risk.