

Seminars – March 2017

Financial Elder Abuse

Wednesday, March 1, 1 pm

Presented by Webster Bank Staff

Learn how to protect money from unscrupulous people.

Maximizing Your Social Security Benefits

Thursday, March 2, 6 pm

Presented by John G. Dee, President and Cyndi Stewart, Income Specialist

When you choose to activate your Social Security, benefits can have a dramatic impact on the amount that you will receive. Learn how Social Security rewards you for waiting to collect your benefits--up to 24%.....and how to keep your financial plans on track for a worry-free retirement. You only retire once--make sure you are armed with the information you need to get it right the first time.

Building Relationships: A Lawyer's Perspective

Wednesday, March 8, 1 pm

Building a relationship one-step-at-a-time takes work and planning. Come hear some practical wisdom from Mark Barbieri a local attorney on the "feeding of a relationship." This lively presentation will be filled with personal stories and anecdotes about what he has learned from his practice. As an attorney he has assisted people who have faltered in their marital relationships, he has come to learn that successful relationships must be nurtured just like a little "garden". They must be given attention, respect, affection, appreciation and communication and, most of all, they must be encouraged to grow. He is sure to inspire and make you laugh and, hopefully, give a better prospective to pass on to the members of your family.

Clean Energy: What's New, What's Cool, What's Possible for Enfield?

Wednesday, March 15, 1 pm

A lively review of clean technologies for home, work and public buildings including solar, heat pumps, wind, water, biofuels. A look at new applications including the public amenities like charging benches and solar crosswalk lights that will be demonstrated this spring in Enfield. Learn about the Enfield Energy Strategy, options for making the town's energy supply greener while containing costs. Learn what the Enfield Clean Energy Committee has been up to since our successful referendum, and how you can get involved.

Evaluating Sleep Hygiene – An Overview of Sleep Apnea

Wednesday, March 22, 1 pm

Presented by Dilpreet Singh BS, RRT, RPSGT, Johnson Memorial Hospital

Snoring and daytime sleepiness affect millions of us every day—and night! Learn how these can be signs of Obstructive Sleep Apnea--a potentially serious condition that can damage your heart and brain (and drive your spouse out of the bedroom!).

Information from the State of CT Public Utilities Regulatory Authority

Wednesday, March 29, 1 pm

Topics to be covered: where to find information about choosing an electric supplier, new information provided on the first page of your electric bill, the opportunity to lower your bills, how to block supplier switching, being cautious in this market. Attendees are encouraged to bring a recent copy of your electric bill and speak with a representative after the presentation. PURA does not work for Eversource, UI, or suppliers. They work for you, Connecticut's ratepayers.