

SENIOR COMMUNITY CAFÉ MENU CALENDAR – DECEMBER 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Orange Juice Salisbury Steak / Veg Gravy Yellow Rice Cut Carrots 12 Grain Bread/ Margarine Peaches <i>Hello, DECEMBER make my wishes come true.</i>	4	National Cookie Day ! White Bean & Escarole Soup Tuna Fish Salad Whole Grain Kaiser Roll Sweet Potato Wedges Sliced Tomato Shredded Lettuce Cookie	5	Orange Juice Roast Turkey w/ Gravy Broccoli Cornbread Stuffing Cranberry Sauce Wheat Dinner Roll/ Margarine Applesauce  You're Invited!	6	Country Vegetable Soup Penne & Mini Beef Balls Garden Salad w/ Cherry Tomatoes & Cucumbers Ranch Dressing Saltine Crackers Fresh Banana	7	Sesame Chicken Mashed Potatoes Spinach 100 % Whole Wheat Bread Margarine Fruit Cocktail 
10	Stuffed Green Pepper w/ Marinara Sauce Bowtie Pasta Broccoli & Cauliflower Oatnut Bread/ Margarine Peaches & Pears	11	Turkey Meatballs w/ Sweet & Sour Sauce Whole Gr White / Brown Rice Italian Blend Vegetables 100 % Whole Wheat Br / Marg. Fresh Orange	12	Corn Chowder Breaded Fish Filet/ Tartar Sce. On Multi- Grain Bun Tortellini Salad Stewed Tomatoes Tropical Fruit	13	Orange Juice Rosemary Baked Chicken Baked Potato Sliced Carrots 12 Grain Bread/ Margarine Fruit Yogurt	14	Roast Pork Loin w / Broth Oven Roasted Potatoes Garden Blend Vegetables 100 % Whole Wheat Br/ Marg. Pineapples & Mandarins
17	Grande Cheese Ravioli with Italian Sauce California Normandy Veggies Mixed Salad Greens w/ Cherry Toms & Cucumbers / Ranch Dressing 12 Grain Bread/ Margarine Fruit Cocktail	18	Apple Juice Kielbasa Pierogies w/ Onion Butter Sce Caribbean Blend Vegetables Wheat Dinner Roll/ Margarine Applesauce	19	CRT Celebrates the Holidays ! Orange Juice Stuffed Chicken Breast/ Gravy Mashed Potatoes Peas & Diced Carrots Wheat Dinner Roll / Margarine Holiday Cookie 	20	Sauerbraten with Gingersnap Gravy Parslied Potatoes Broccoli Florets 100 %Whole Wheat Bread Margarine Pears	21	Grape Juice Chili over Elbow Macaroni Italian Green Beans 100 % Whole Wheat Br/ Marg. Fresh Orange Happy Holidays!
24	CRT CLOSED 	25	CRT CLOSED 	26	CRT Celebrates Dec Birthdays BBQ Pork Ribeye Carnival Rice Cut Green Beans 12 Grain Br/ Marg Frosted Cake / Fresh Orange	27	Italian Beef Meatballs with Italian Sauce Seashell Pasta / Marinara Sauce Italian Blend Vegetables Wheat Dinner Roll/ Marg Fresh Banana	28	Roast Turkey w/ Gravy Cut Sweet Potatoes 4- Way Vegetable Blend Cranberry Sauce Corn Muffin/ Margarine Pineapple Tidbits & Mandarins
31	Orange Juice Sliced Meatloaf w/ Gravy Spanish Rice Mixed Vegetables 100 % Whole Wheat Br/ Marg Applesauce	Sometimes the littlest things take up the most room in your heart. — Winnie the Pooh 		To reserve a meal call 860-763-7428 at noon the day before			THANK YOU for coming!		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)