

Delicious Home Cooked Meals  
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation  
\$5.00 Guests

Mark Twain Dining Room  
110 South Road  
Enfield, CT 06082

Reservations are made on the  
preceding Wednesday by 2:00 pm  
Call 763-7519

*Senior Citizens Join us!*

Sponsored by:  
Town of Enfield Department of Social Services  
Enfield Housing Authority  
North Central Area Agency on Aging

# Mark Twain Congregate Living January 2020 Menu



**January 1  
New Years Day**

Minestrone Soup  
Homemade Lasagna  
Spring Salad Mix with  
Dressing  
Garlic Bread  
Tropical Fruit

**January 18**

Salisbury Steak with  
Vegetable Gravy  
Baked Potato  
Biased Cut Carrots  
Whole Wheat Bread  
Pineapple Tidbits  
Oatmeal Cookie

**January 19**

Autumn Soup  
Spaghetti & Meatball with  
Italian Sauce  
Garden Salad with Dressing  
Garlic Bread  
Wheat Crackers  
Angel Food Cake with  
Fresh Berries

**January 3**

Chicken Barley  
Vegetable Soup  
Meatball Grinder with  
Cheese  
3 Meatball Marina Sauce  
Garden Salad with Dressing  
Grinder Roll  
Wheat Crackers  
Fresh Fruit

**January 4**

Pineapple Orange Juice  
Sweet & Spicy Chicken  
Rice Pilaf  
Peas and Carrots  
Whole Wheat Bread  
Applesauce Cake

**January 20**

Apple Juice  
Old Fashioned Beef Stew  
Green Beans  
Biscuit  
Sliced Peaches

**January 11**

Tomato & Garden  
Vegetable Soup  
Turkey Wrap  
Potato Wedges  
Vegetables Slaw  
Whole Wheat Crackers  
Sherbet

**January 12**

Apple Juice  
Roast Pork Loin with Broth  
Sweet Potato  
Broccoli Medley  
Pumpernickel Bread  
Gingerbread with Topping

**January 27**

Butternut Squash Bisque  
Breaded Chicken Filet on a  
Deli Roll  
Leaf Lettuce &  
Tomato Slices  
Potato Wedges  
Tricolor Coleslaw  
Sliced Pears

**January 28  
Brunch**

Orange Juice  
Scrambled Eggs  
French Toast with Syrup  
Bacon & Sausage  
Fruited Muffin  
Fruit Cup with Berries

\*All meals are served with 8 ounces of milk and 1 tsp. margarine