

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living February 2020 Menu



February 1

Spring Salad Mixed with
Mandarin Oranges
Old Fashion Beef Stew
Green Beans
Biscuit
Pineapple and Mandarin
Oranges

February 2

Cranorange Juice
Roast Turkey with Gravy
Sweet Potato
Cauliflower & Peas Au Gratin
Whole Wheat Bread
Pineapple Bread
Pudding & Topping

February 17**PRESIDENT'S DAY**

Apple Juice
Barbecue Beef Brisket
Mashed Potatoes
Prince Edwards Vegetables
Whole Wheat Bread
Special Dessert

February 8

Kale Lentil Chicken Soup
Turkey Caesar Wrap
Sweet Potato Wedges
Three Bean Salad
Whole Wheat Crackers
Sliced Peaches

February 9

Spinach Salad with Dressing
Braised Beef Short Ribs
Smashed Red Potatoes
with Horseradish
Sliced Carrots
Pumpnickel Bread
Lemon Bar

February 22

Hamburger Soup
Stuffed Shells with
Italian Sauce
Tossed Salad with Balsamic
Dressing
Italian Bread/Wheat
Crackers
Fresh Fruit

February 23

Orange Juice
Roast Beef with Vegetable
Gravy
Mashed Potatoes
Harvard Beets
Multigrain Bread
Pound Cake with
Berries and Topping

February 15

Chicken Orzo Soup
Breaded Pork Chop
Rice Pilaf
Peas & Carrots
Whole Wheat Bread
Crackers
Fruit Cocktail

February 16

Minestrone Soup
Chicken Cacciatore
Rotini with Italian Sauce
Broccoli Florets
Garlic Bread
Sherbet

February 29

Strawberry Spinach Salad
with Dressing
Liver & Onions
Mashed Potatoes
Mixed Vegetables
Whole Wheat Bread
Tropical Fruit with
Oatmeal Raisin Cookie

March 1

Brunch
Orange Juice
Scrambled Egg Casserole
Hash Browns
Bacon/Sausage
Grilled English
Fruit Cup with Berries

*All meals are served with 8 ounces of milk and 1 tsp. margarine