

February Seminars

"Empowering Women for a Secure Retirement"

Wednesday, February 5, 2020

6:30 – 7:30 pm

Women face unique challenges when planning for retirement—longer expected lifetimes, financial impacts from divorce or the death of a spouse, and legacy planning issues. Join us for a discussion about what you need to know to address these issues and more—by women, for women!

Presented by Investment Consultant Mary Dee, Financial Advisor Cyndi Stewart, and Elder Law Attorney Abbe McLane

Please call 800-679-2771 to reserve your seat!

"Loving Your Heart"

Wednesday, February 12, 2020

Starts at 1:00 pm

Learn the signs and symptoms of a heart attack and what you can do to reduce your risk. Join Dianne Kessler-Hartnett, RN and Laura Johnson, RN for this presentation.

Presented by Johnson Memorial Hospital

"Put Some Super in Your Soup"

Wednesday, February 19, 1:00 pm

Put some super in your soup with this "Stuffed Pepper Soup" cooking demo by Suffield on the River! Join Chef Carlos. Taste the soup, grab a recipe card, and enter a drawing for a free dinner for two at Suffield by the River.

Presented by Suffield by the River