

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living March 2020 Menu



March 7

Butternut Squash Bisque
 Breaded Chicken Filet
 Sandwich with Leaf Lettuce
 and Sliced Tomatoes
 Potato Wedges
 Tricolor Coleslaw
 Whole Wheat Sandwich Roll
 and Wheat Crackers and
 Sliced Pears

March 8

Roast Pork Loin with
 Apple Cider Sauce
 Baked Potato
 Prince Edward Vegetables
 Whole Wheat Bread
 Orange-Pineapple Juice
 Applesauce Cake with Topping

March 28

Chicken Orzo Soup
 Breaded Pork Chop
 Rice Pilaf
 Peas and Carrots
 Whole Wheat Bread or
 Crackers
 Fruit Cocktail

March 29

Orange Juice
 Egg in a Nest
 Breakfast Potatoes
 Bacon & Sausage
 Fruited Muffin
 Fruit Cup with Berries

March 14

Spring Salad Mix with
 Mandarin Oranges
 Old Fashioned Beef Stew
 Green Beans
 Biscuit
 Pineapple &
 Mandarin Oranges

March 15

Roast Turkey with Gravy
 Sweet Potato
 Cauliflower & Peas Au gratin
 Whole Wheat Bread
 Pineapple Bread Pudding
 with Topping
 Cranorange Juice

March 21

Kale & Lentil Chicken Soup
 Turkey Caesar Wrap
 Sweet Potato Wedges
 Three Bean Salad
 Whole Wheat Crackers
 Sliced Peaches

March 22

Spinach Salad with Dressing
 Braised Short Ribs
 Smashed Red Potato with
 Horseradish
 Sliced Carrots
 Pumpernickel Bread
 Lemon Bar

*All meals are served with 8 ounces of milk and 1 tsp. margarine