

MARTIAL ARTS CLINIC

AGES 3-5 YEARS OLD

Has your little one shown an interest in martial arts but not sure if it is for them? If so, our FREE, one day clinic is for you! In conjunction with Integrity Martial Arts of Enfield, participants will explore the world of martial arts. This clinic is designed especially for preschoolers and kindergarteners. Participants will be introduced to the basics of martial arts, as well as character development topics. Integrity Martial Arts will be offering 3 additional sessions free at their studio for those who attend the clinic. Participants should wear a face mask and comfortable clothing and bring a water bottle. One parent/guardian is **REQUIRED** to attend the session with each participant. **Please note that in addition to registering, you must complete the Integrity Martial Arts waiver at www.playatima.com. Limit: 10.**

DUE TO COVID-19, SEVERAL NEW POLICIES ARE REQUIRED OF ALL PARTICIPANTS AND THEIR FAMILIES. SEE PAGE 2 FOR DETAILS.

DATE: THURSDAY, AUGUST 13, 2020

LOCATION: INTEGRITY MARTIAL ARTS STUDIO

TIME: 5:00 - 5:30 PM

585 HAZARD AVE, ENFIELD

FEE: FREE!

ACTIVITY NUMBER: 3602.0222.401

- Online Registration Begins -

Residents: Friday, July 17, 2020 at 8:00 AM

Non-Residents: Friday, July 24, 2020 at 8:00 AM

If you wish to register in person, please call the office at 860.253.6420 to set up an appointment, M-F, 8AM - 4PM



ENFIELD RECREATION | 19 NORTH MAIN STREET
860.253.6420 | WWW.ENFIELD-CT.GOV/RECREATION



PROGRAM POLICIES RELATED TO COVID-19

- Please do not arrive more than 10 minutes prior to the start of the program.
- Masks **MUST** be worn by parents at all times and by participants during non-active times, such as signing-in and out and using the restroom.
- Sign-in and out will be held in the lobby of the Integrity Martial Arts Studio. Sign-in and out will be contactless and conducted verbally.
- Only one parent/guardian will be allowed in the building. Siblings of any age will not be allowed in the building at any time. Masks **MUST** be worn by parents/guardians and participants when signing in and out. When signing in and out, please maintain social distance between others.
- Each participant **MUST** be accompanied by ONE parent/guardian during the program.
- Upon arrival, a visual health screening will be conducted by program staff.
- Hand sanitizer and restrooms will be available for participants and parents to use during the program. Hands must be sanitized/washed after signing in, after using the restroom and as needed.
- Peer-to-peer and instructor-to-peer contact will not be allowed at any time during the program.
- Equipment will not be shared to the best extent possible. Used equipment will be sanitized before and after the program and during the program as needed.
- Personal items will **NOT** be shared during the program.
- Participants must follow all staff directions to keep socially distanced throughout the program.
- Participants should bring all of their belongings with them when they leave - any items left behind will be discarded.
- Participants should not attend the program if they or a member of their household are not feeling well.
- **Policies are subject to change based on new local, State or Federal regulations. We will communicate any changes via email.**