

**Enfield Senior Center**  
**299 Elm Street, Enfield, CT 06082**  
**860-763-7425**

**News Release for the Week of December 28, 2020**

Hope everyone's Holiday was wonderful. Even though for many of us this Holiday season may have looked different.

We handed out over 150 Poinsettia's in our Drive Through event. It was so wonderful to see so many people and wish them Holiday cheer! Thanks to Growers Direct for donating all the wonderful plants that enabled this event to take place.

Just a reminder that The Senior Center is closed to in-person programming, staff is still available from 8:00 am – 4:00 pm planning exciting virtual programs to offer and to answer any questions. If you have not yet received e-mails from the Senior Center please email us at [seniorcenter@enfield.org](mailto:seniorcenter@enfield.org) to be added to the distribution list.

**New Year's Eve Party** - Join the Enfield Senior Center on December 31, 1:00 pm to celebrate the new year with a virtual party! Register by December 28 to receive a New Year's eve gift bag full of celebratory goodies. If you are interested in joining the fun please call us at 860-763-7425 or email us at [seniorcenter@enfield.org](mailto:seniorcenter@enfield.org) to receive a Zoom link. Supplies are limited so reserve your spot. A Zoom link will also be posted on our Facebook page.

**Remembering G. Fox and Company.** Join the Enfield Senior Center in conjunction with The Connecticut Historical Society in a virtual presentation. On January 15 at 3:00 pm In the 1950s, just about every major city had a landmark department store. In Connecticut, it was G. Fox & Co. in Hartford! This presentation will bring you back in time to Fox's heyday, as we go from floor to floor and recall the various departments. You will also learn about Beatrice Fox Auerbach, the remarkable woman who made every visit to Fox's special. Call the Enfield Senior Center at 860-763-7425 or email us at [seniorcenter@enfield.org](mailto:seniorcenter@enfield.org) to register. A link to the Zoom presentation will also be posted on our Facebook page.

**Airborne Jazz Trio** – January 29 at 6:00 pm. Join us for a virtual concert of cool jazz, island music, swing, bebop, Latin jazz, smooth jazz and vocals. Mellow, easy listening and hot and funky. Music that is sensitive and intimate from a collection of jazz standards of the great jazz legends of yesterday and today. The music takes you back to another era in time but also keeps you right in the groove. Call the Enfield Senior Center at 860-763-7425 or email us at [seniorcenter@enfield.org](mailto:seniorcenter@enfield.org) to register. A link to the Zoom presentation will also be posted on our Facebook page.

**We All Fit Together** - Every one of you is a part of the puzzle that is the Enfield Senior Center! Let us fit all these pieces together! You do not have to be an artist to participate, you just express something about yourself or the center. Each piece starts out blank white, and in the end, all the pieces are different and fit together. You can color, paint, collage, embroider, anything to express yourself. You can be anonymous or sign your piece. Decorate your puzzle piece and contribute your individual voice to form our story and complete our Enfield Senior Center puzzle. Call 860-763-7425 to get your puzzle piece.

Below are just some of the programs we are offering at The Senior Center, for a **complete list** please visit our webpage, Facebook page or sign up for our weekly e-mails. **All programs are free** and will be held virtually via zoom. Please call or e-mail the senior center to obtain Zoom links.

## Exercise Classes

**Yoga Chair and Standing, Mondays, 10:30 am – 11:30 am, January 4 - 25, NO CLASS Jan. 18.**

**Yoga All Levels, Mondays, 11:45 am – 12:45 pm, January 4 - 25, NO CLASS Jan. 18.**

**Yoga All Levels, Tuesdays, 9:00 am – 10:00 am, January 5 – 26.**

**Stability Ball Training Tuesdays, 10:30 am - 11:30 am, January 5 – 26.**

**Body 360- Wednesdays, 11:30 am – 12:15 pm, January 6 – 27.**

**POW! - People on Weights, Wednesdays, 12:30 pm - 1:15 pm, January 6 – 27.**

**Stability Ball Training, Thursdays, 12:00 pm – 1:00 pm, January 7 – 28.**

**Body 360 - Fridays, 11:30 am - 12:15 pm, January 8 – 29.**

**POW! – People on Weights, Fridays, 10:30 am – 11:30 am, January 8 – 29.**

**Craft Classes – (call or e-mail to obtain materials and the Zoom link to attend class virtually)**

**Newspaper Basket, Wednesday, 1:30pm – 3:30 pm, January 6.**

**Welcome Wreath, Monday, 9:30 am – 11:30 am, January 11.**

**Stretch Bangle Bracelet, Wednesday, 1:30pm - 3:30 pm, January 20.**

**Ragged Heart Wreath, Monday, 1:30pm - 3:30 pm, January 25.**

**Newspaper Basket, Wednesday, 1:30pm – 3:30 pm, January 6.**