

Enfield Senior Center
299 Elm Street, Enfield, CT 06082
860-763-7425
News Release for the Week of February 8, 2021

In the interest of keeping everyone safe we will continue to offer programs virtually throughout the month of February. Staff is available from 8:00 am – 4:00 pm to answer any questions or concerns. If you would like to receive our newsletter please e-mail the Enfield Senior Center at seniorcenter@enfield.org. You may also pick up a copy in the front of the Senior Center or find it on our website and Facebook page.

AARP Tax Aide Update for 2021:

We are now taking appointments for the AARP tax program. This program will be Mondays ONLY, February 22 - April 12, 9:00 am - 3:00 pm, by appointment only. Due to COVID-19, this year's Tax-Aide program will be Enfield residents only and there will be a limited number of appointments available. Appointments can only be made on the phone with a senior center staff member.

Below are just some of the programs we are offering at The Senior Center, for a **complete list** please visit our webpage, Facebook page or sign up for our weekly e-mails. **All programs are free and will be held virtually via zoom.** Please call 860-763-7425, or e-mail seniorcenter@enfield.org to obtain Zoom links. Some links may be found on our Facebook page.

Virtual Bingo – Friday, February 12, 1:30 pm. Prizes will be given, sponsored by Stonebrook Village.

Paul Bisaccia – Saturday, February 13, 2:00 pm. A virtual concert of romantic music and popular favorites for your Valentine's celebration. Included will be such Gershwin hits as "Our Love is Here to Stay" and "The Man I Love". Classics such as Liszt's "Liebestraum (Dream of Love)" will also be featured. There will be plenty of moonlight as well with a Chopin Nocturne and Clair de Lune. Beloved pop favorites will include "My Own True Love" from Gone with the Wind, "As Time Goes By" from Casablanca and Glenn Miller's exuberant "In the Mood". Romance and great memories in a concert you will enjoy.

Brian Gillie - Thursday, February 18, 2:00 pm. Enjoy this concert via Zoom.

Jukebox Bingo – Friday, February 26, 6:30 pm. List to the music, identify the song, check your card, mark it off, call Bingo and win.

Tech Time – The second Wednesday of the month at 10:00 am. Audra Lauf from comfort Keepers will answer any tech questions you may have and give tech tips to help you stay connected with family and friends.

We All Fit Together - Every one of you is a part of the puzzle that is the Enfield Senior Center! Let us fit all these pieces together! You do not have to be an artist to participate, you just express something about yourself or the center. Each piece starts out blank white, and in the end, all the pieces are different and fit together. You can color, paint, collage, embroider, anything to express yourself. You can be anonymous or sign your piece. Decorate your puzzle piece and contribute your individual voice to form our story and complete our Enfield Senior Center puzzle.

Exercise Classes:(please email the center seniorcenter@enfield.org)

Yoga Chair and Standing - Mondays, 10:30 am – 11:30 am, February 1-22, **No Class Feb 15.**

Yoga All Levels, Mondays -11:45 am – 12:45 pm, February 1-22, **No Class Feb 15**

Yoga All Levels - Tuesdays, 9:00 am – 10:00 am, February 2-23.

Stability Ball Training - Tuesdays, 10:30 am - 11:30 am, February 2-23.

Body 360- Wednesdays, 11:30 am – 12:15 pm, February 3-24.

POW! - People on Weights - Wednesdays, 12:30 pm - 1:15 pm, February 3-24.

Stability Ball Training - Thursdays, 12:00 pm – 1:00 pm, February 4-25.

Body 360 - Fridays, 11:30 am - 12:15 pm, February 5-26.

POW! – People on Weights - Fridays, 10:30 am – 11:30 am, February 5-26.

Crafts (due to materials sign up is limited) **Once you have registered you will receive a link and instructions as to pick up of craft materials.**

Button Bracelet - Tuesday, February 9, 1:30 pm – 2:30 pm.

Fleece Eye Glass Case - Tuesday, February 16, 1:30 pm – 2:30 pm

St. Patrick's Day Wreath - Tuesday, February 23, 1:30 pm – 2:30 pm

Take it and Make it Cards – You may pick up cards starting February 12th. There is no Zoom component to the class, you will pick up a packet for materials from the center and complete this craft on your own at home. Packets will be ready for pickup on Feb 12.