

Enfield Senior Center
299 Elm Street, Enfield, CT 06082
860-763-7425
News Release for the Week of February 22, 2021

I hope everyone is all shoveled out. Here is hoping for no more storms this winter!

COVID-19 Vaccination Enrollment and Registration Assistance for Enfield Residents Only:

The Department of Social Services, with assistance from the Commission on Aging Committee, will be providing VAMS Enrollment and Registration Assistance for those Enfield residents age 65 and older so that they can be scheduled for their vaccination appointment. If you do not have anyone who can assist you with navigating the process (adult child/grandchildren/friend) please call 860-253-6398 so that they can help you. Appointments for assistance will be scheduled on a first come, first serve basis.

AARP Tax Aide will run February 22 – April 12, 9:00 am – 3:00 pm. This program is by appointment only. All appointments are filled, and we are currently taking wait list appointments only.

Masks are always required when in the Enfield Senior Center parking lot handing your tax documents to an AARP volunteer. To complete your tax return in as safe a manner as possible, the process that will be followed will be different than that which was used in previous years. When you arrive at the Senior Center, proceed to the back of the Senior Center, no sooner than 5 minutes prior to your appointment time. You will meet with a tax preparer at your car for a brief period to make sure your paperwork is in order. Once the return is complete, you will meet with the tax preparer at your car to review and sign the return. If this is a joint return, both spouses are expected to attend the appointment, if the tax preparer has any questions, we ask that you are available by phone.

What to bring with you is an IRS “Intake and Interview Form”. Please complete this form before your appointment and bring it with you. You may not be able to answer all the questions on the form; do so to the best of your ability. Your return will not be able to be completed if you do not have this form with you. **These forms can be found on our website. www.enfield-ct.gov/seniors. You may also pick up a form at the senior center.** In addition to the “Intake and Interview Form” you will need to bring several other documents. **The list of documents that are needed can also be found on our website.**

COVID testing site at The Senior Center - Wednesday, February 24, 10:00 am – 1:00 pm, hosted by the Community Health Center. For more information or to register, visit www.chc1.com.

We All Fit Together - Every one of you is a part of the puzzle that is the Enfield Senior Center! Let us fit all these pieces together! You do not have to be an artist to participate, you just express something about yourself or the center. Each piece starts out blank white, and in the end, all the pieces are different and fit together. You can color, paint, collage, embroider, anything to express yourself. You can be anonymous or sign your piece. Decorate your puzzle piece and contribute your individual voice to form our story and complete our Enfield Senior Center puzzle. Blank pieces are available on a cart outside our front doors. Drive up and grab a puzzle piece, bring it home to decorate, and return it to the cart when finished.

Below is some of the wonderful programs at the Senior Center. Please call 860-763-7425 or email seniorcenter@enfield.org to register and obtain links.

Jukebox Bingo – Friday, February 26 at 6:30 pm. Listen to the music, identify the song, check your card, mark it off, call Bingo and win.

Tech Time – The second Wednesday of the month at 10:00 am. Audra Lauf from Comfort Keepers will answer any tech questions you may have and give tech tips to help you stay connected with family and friends.

Virtual Coffee Hour – Every Thursday, 9:30 am.

Virtual Bingo with Home Helpers - Thursday, March 4 at 11:00 am.

Virtual Bingo – Friday, March 19 at 1:30 pm. Prizes sponsored by Stonebrook Village.

Pierce Campbell Show – Thursday, March 18 at 2:00 pm. Enjoy Irish Tunes via Zoom.

Exercise Classes:

Yoga Chair and Standing - Mondays, 10:30 am – 11:30 am, February 1-22.

Yoga All Levels, Mondays, 11:45 am – 12:45 pm, February 1-22.

Yoga All Levels - Tuesdays, 9:00 am – 10:00 am, February 2-23.

Stability Ball Training - Tuesdays, 10:30 am - 11:30 am, February 2-23.

Body 360 - Wednesdays, 11:30 am – 12:15 pm, February 3-24.

POW! - People on Weights - Wednesdays, 12:30 pm - 1:15 pm, February 3-24.

Stability Ball Training - Thursdays, 12:00 pm – 1:00 pm, February 4-25.

Body 360 - Fridays, 11:30 am - 12:15 pm, February 5-26.

POW! – People on Weights - Fridays, 10:30 am – 11:30 am, February 5-26.

Crafts (due to materials sign up is limited) **Once you have registered you will receive a link and instructions as to pick up of craft materials.**

St. Patrick's Day Wreath - Tuesday, February 23, 1:30 pm – 2:30 pm.

Magnetic Pizza Pan – Tuesday, March 2, 1:30 pm – 2:30 pm.

Birch Tree Pull Yarn Painting – Tuesday, March 9, 1:30 pm – 2:30 pm.

Easter Bunny Wreath – Tuesday, March 16, 1:30 pm. – 2:30 pm.

Virtual Sock Easter Bunny – Tuesday, March 23, 1:30 pm – 2:30 pm.

Take it and Make it Cards – Ongoing – This program has no Zoom component, please call to obtain instructions on how to obtain materials to complete your project at home.