

March 2, 2016
Meeting Minutes

In Attendance: Jean Haughey, Enfield Youth Services Director;

Monica Baker, Therapist Joshua Center;

Collin Clark, EHS Assistant Principal;

Joanna Fornwalt, EYS Social Worker;

Tramaine Frank, EYS Social Worker;

Karen Garvey, EPS JFK Guidance Chair;

Rick Gutska, SRO EHS;

Bev Harrison, Faith Comm. & Business Owner;

Paul Kindall, Director CHR;

Joan Lawson, Calvary Presbyterian Church;

Becky Leger, SRO JFK;

Karen Myers, Community Health Center @ EHS;

Nancy Netherwood, EPS Nursing Supervisor;

Tom Spiwak, EPS Counselor;

Cindy Stamm, EPS Pupil Services Director;

Rosalind Swift, Faith Community;

Lisa Rogers, Recorder

• **Community:**

- Response to heroin overdoses in Enfield
 - CCM's Response – need update.
 - North Central Region Opioid Task Force is newly formed inviting any and all key players in Enfield, Somers, East Windsor, Ellington, Suffield, Windsor Locks, and Windsor to a first meeting on Tuesday March 8 at 10 am at Enfield Town Hall with 2 presenters. All invited. We are envisioning four trainings – awareness, strategies, enforcement and prevention led by the Enfield Together Coalition.
 - Joe Courtney is co-sponsoring a meeting with Enfield Together Coalition regarding an opioid funding bill on Monday, March 7 at 4 pm at Enfield Town Hall; he will then meet with the Youth Council for an interview at 5 pm.
- Upcoming Trainings – The training budget increase has been approved by town manager.
 - March 18 – School Refusal Conference, Sheraton-Bradley Airport, Windsor Locks, CT
 - March 23 – Conversations about Safety, Log Cabin, Holyoke, MA
 - March 30 – Mindful Play and Meditation Techniques for Anxiety and Depression is a free, live Webcast at Alcorn.
 - April 6 - ACES at Quinnipiac University, Hamden, CT
 - Adolescent SBIRT training for trainers held in February for Youth Services social workers. School nurses are the first priority in this substance abuse screening for prevention, not punitive measures.
 - Opioid Crisis: Thinking Outside the Box - Boston, April 5th, free, will take van from Enfield.
- Post-Traumatic Stress Management
 - PTSM Refresher training Friday, February 26, 8 a.m., Shaker Pines Fire Station was well attended, offering a renewal of skills and great hands-on practice and role-playing. All coping groups should be contacted annually. The two-day original training is available for those not fully trained.
- How to improve care for suicide attempt survivors and other mental health crises – aftercare following EMPS, mental health hospital admissions/PCs

Enfield Crisis Response Team

Country Diner 8:00AM

- Set up a meeting with CHR/EMPS
- Joshua Center offers an 8 week recovery program.
- Johnson Memorial Hospital & other community providers – invite as guests to this group.
- Brochure distribution – Contact Tramaine Frank for more.
 - Brochures should be offered at Student Re-entry meeting, Youth Services, Juvenile Review Board, Police Patrols (keep in duty bag) at hospitals.
- Other Community Updates:
 - Enfield community needs to stay at the forefront of the effects of legalization of marijuana on our citizens. Many free pamphlets are available through SAMSA which we can distribute/display throughout community – businesses, churches, public space locations.
 - PSAs on Asnuntuck Community College's radio station by the Youth Center teens have been very professional and receive positive feedback.
- **Schools:**
 - Safe Return Forms and letter for EPS
 - Joanna Fornwalt distributed the “Integrated Whole Child Wellness Model Program” letter which describes the free Town mental health services offered by Youth Services. A parent must sign this release to receive services (see attached.)
 - Doctors are not signing return form; EPS nurses report that parents refuse to sign.
 - All EPS nurses get brochures and letters.
 - **Next Steps:**
 - Set up meeting with Police Dept., Guidance and Nurses to review procedures as well as what is handed and by whom.
 - Set up meeting with EMPS and high school vice principals to be sure that each building is handling consistently.
 - Contact CREC and Parochial schools to offer services (as well as brochures and release.)
 - PCs impact on school is minimized by quick response. Last one was completed in 8 minutes.
 - Schedule to provide PTSM for youth impacted by trauma Enfield High School
 - Crisis Plans with EPS
 - Plans are very detailed but sufficiently generic to handle changing personnel at buildings.
 - **Next Steps:** Invite Gary Harrison to present plan to this group. Possibly include language in Plan “PTSM should be activated after event.”
- **Police & First Responders:**
 - The police reported that they went a while without suicide attempts; unfortunately over the last week there have been a few and they expect a few more.
- **Faith Community:**
 - Griefshare workshops are in 3rd week of 13 week cycle which meets on Tuesdays at 7-8:30pm at Calvary Church with 6-8 people attending. A DVD is viewed, discussion ensues, support groups talk. Anyone can join at anytime of cycle.

Enfield Crisis Response Team

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- New Warming Center is successful; clients can be offered brochure and social worker services.
 - The Enfield Together Coalition's trip to Washington DC included a great presentation on how churches can come together to deal with substance abuse issues.
- **Schedule FY16-17 Meetings**
 - **Next Meeting: May 4, 2016 8:00 am at Country Diner**

“Integrated Whole Child Wellness Model Program” letter



Dear Parent/Guardian,

The Town of Enfield Youth Services has collaborated with the Enfield Public Schools and has implemented an integrated whole child wellness model program for students who are referred to emergency services. The Enfield Youth Services clinician will work with you as your child's personal wellness coordinator. The clinician's purpose is to 1.) Coordinate communication between school, home, and community based behavioral and medical health services and 2.) Follow your child's progress for healthy outcomes at home, school, and community. In addition, the clinician can assist with accessing services and programs, assessment and consultation, counseling, coordinate child specific meetings, and home visits. This program is voluntary and completely funded by the town, at no cost to you.

Following a referral to emergency services, a school team will meet with you and your child upon their return to school. The purpose of this meeting would be to discuss discharge plans from the emergency visit and if agreeable, the school nurse will contact Youth Services to connect you with our program. The clinician would then continue to work with you for up to three months to ensure services are in place, are effective, integrated, and working in a coordinated way that best supports your child's physical and emotional wellness and educational success. The clinician will provide a wellness check-in at 6 months and provide yearly wellness check-ups. The clinician also can provide clinical visits, consultation by phone or in person, and assist with any clinical care requests by the youth and/or family.

If you are interested in this program, please sign a release with the school nurse to allow one of our social workers to contact you. Should you decline services today, you can contact us at any point in the future to initiate services or discuss any questions you may have.

If you have further questions, please feel free to contact us at 860-253-6380.

Jean Haughey, LMFT
Director

Joanna Formwalt, LCSW
Social Worker

Tramaine Frank, MSW
Social Worker

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