



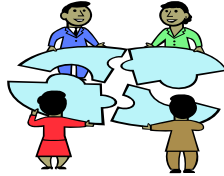
Family Resource Center NEWSLETTER

Volume 4 Issue 24

May/June 2009

1010 Enfield Street/110 High Street Enfield, CT 06082 www.enfield-ct.gov (860) 253-5144

Enfield Parents and the Family Resource Center invites you to our...



AUTISM SUPPORT GROUP

Come and join other families in our community and discuss any concerns, obstacles or ideas you may have. The focus of this group is to offer a safe environment for parents in our area who have children or family members with Autism Spectrum Disorder.

Our group meets monthly and our next meetings will be on:

Dates: Wednesday, May 20 and June 17, 2009
6:15 - 7:30 p.m.

Location: ECDC, 110 High Street, Enfield.

Please call the FRC at (860) 253-5144 or Jessica Houle at (860) 272-0148 for more information and to sign up.



ADULT EDUCATION

Just a reminder that Adult Education classes are being held at Alcorn School according to the following schedule:

Tues. & Thurs. - ESL (English as a Second Language)
8:30 - 10:30 a.m. (Art Room 105)

Thurs. & Friday - ABE/GED (Basic Skills)
8:30 - 10:30 a.m.
(Parent Resource Rm. 202)

Programs are available for children ages one to five during these classes! So come out and experience the power of learning.

GRANDPARENTS RAISING GRANDCHILDREN



If you are a grandparent raising grandchildren or have the responsibility of daily care for a grandchild, come join our monthly support group every first Monday of the month, where you can meet other grandparents in the Community, and discuss any ideas, resources, concerns or issues that arise while raising or caring for a grandchild.

Date: Monday, May 4, 2009
6:00 - 7:30 p.m.

Location: Enfield Child Development Center
132 South Rd., Enfield

For purposes of planning for food, please let us know that you are coming by calling (860) 253-5144 or emailing Amy at Amorales@enfield.org



SINGLE PARENT SUPPORT GROUP

A place where single parents are supported and encouraged. Dinner and child care will be provided.

Please note two locations for our upcoming sessions.

Sessions: Thursday, May 14, 2009
ECDC, 132 South Road, Enfield, CT

Thursday, June 11, 2009
ECDC, 110 High Street, Enfield,
Time: 6:00 - 7:30 p.m.

Please call the FRC at (860) 253-5144 or email amorales@enfield.org for more information or

The FRC is having a.....

PLAY GROUP IN THE PARK AT RAINBOW PARK



Let's celebrate the arrival of Spring! Come join us for a morning fun & play.

This playground is on Maple Road in Longmeadow, MA. It is a boundless playgroup designed for children of all abilities. Snack will be provided.

We will meet for an hour starting at 9:30 a.m. but you are welcome to stay as long as you would like.

Date: Wednesday, May 13, 2009
9:30 - 10:30 a.m.

Location: Rainbow Park, Longmeadow, MA

Contact the FRC at (860) 253-5144 to sign up.
Transportation will be provided upon request.

The FRC Presents.....

MULTI-SENSORY MUSIC AND MOVEMENT

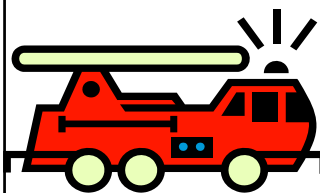


Susan and Garret of Two Right Feet will visit the FRC for a program encouraging literacy and language through energetic, interactive music and movement sessions.

The sessions will include finger play activities, dance and movement, and dramatization of story books and songs.

Sessions: Wednesday, June 3, 2009
9:30 - 10:00 a.m. OR
10:15—10:45 a.m.

Location: ECDC, 110 High St. , Enfield
Contact the FRC at (860) 253-5144 to reserve your spot for this Free program. Space is limited.



We are going to visit

THOMPSONVILLE FIRE HOUSE!

Come join us for a tour of this local firehouse. We will check out the trucks, see what the fire fighters look like with all their gear on, and see a demonstration of the brass slide pole!

Date: Wednesday, May 20, 2009
9:30 - 10:30 a.m.

Location: Thompsonville Fire Department
11 Pearl Street, Enfield, CT

Call the FRC at (860) 253-5144 to sign up!
Hope to see you all there!



BACK BY POPULAR
DEMAND!

The FRC presents an.....

EVENING PLAYGROUP FOR DADS!

All dads and other family men with their children ages infant to five are invited to an evening playgroup.

Kids can wear their P.J's and come ready to play with our toys, and have a snack.

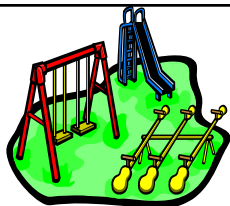
Date: Monday, June 8, 2009

Location: Alcorn School, Playgroup Room 202
6:30 - 7:30 p.m.

Contact the FRC at (860) 253-5144 to sign up.
Hope to see you there!

The FRC will hold an outside playgroup at...

THE ALCORN SCHOOL PLAYGROUND



Come Join us for some outdoor fun. Parents, Child-care providers and their children are invited to meet at the Alcorn School Playground located behind the Alcorn School.

Children will be able to climb on the playscape, meet with friends, and have a snack.

Date: Wednesday, June 10, 2009
9:30 - 10:30 a.m.

Location: Alcorn School Playground, Enfield, CT

Please register by calling the FRC at (860) 253-5144 .

It's Back! Our 5th Annual...

SUMMER PRESCHOOL CAMP



The FRC will again offer our preschool camp this **AUGUST**. This program will be open to **3 & 4 year old** children with no formal preschool experience who are starting preschool programs for the first time in the fall.

The program is designed to help children transition to a preschool program in the fall. Your child will have some experience in a preschool type setting without a parent or caregiver present. This program will follow our usual playgroup routine. There will be **TEN** slots available for each week of the program. The program will run Tuesday - Fridays for each week of the program.

Enrollment is on a first come first serve basis. We will give priority to Alcorn Families and children with no preschool experience. Your child must be toilet trained to attend. The sessions are as follows:

Session 1- Tues - Friday, August 4 - 7, 2009

Session 2- Tues - Friday, August 11 - 14, 2009

Time: 9:00 - 11:00 a.m.

Location: Alcorn School, Enfield, CT

For information contact the FRC at (860) 253-5144 .

The FRC will again offer this summer.....

LEARNING THROUGH PLAYGROUPS!



We will again offer Learning Through Playgroups that will meet this summer in the month of **AUGUST**.

The following sessions will be available.

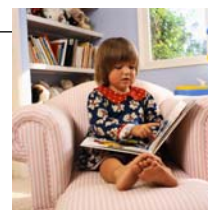
Sessions: Mondays, August 3 & 10, 2009
9:30 - 10:30 a.m. and
11:30 - 11:30 a.m.

Location: Alcorn School, Playgroup Room 202
Enfield, CT

Space is limited. Call the FRC to register at (860) 253-5144.

The FRC is still offering....

One-on-One Personal Visits



In addition to our play groups the FRC also offers personal visits to families in their home or at the FRC. The purpose of these visits is to help parent or caregivers work with their children to encourage growth and development in all areas. By using a curriculum called **Parents as Teachers**, we will help you know what to expect as your child grows so that you can observe your child's accomplishments. We will also try to answer any questions you may have regarding your child's development.

These visits can take place on a monthly or bi-monthly basis, with the goal of receiving a minimum of five over the course of the program year.

Please talk with Kate Faherty our Parent Educator at playgroup or call the FRC at (860) 253-5144 to schedule a personal visit.

FAMILY RESOURCE CENTER

1010 ENFIELD STREET
110 HIGH STREET (ANNEX)
ENFIELD, CT 06082

PHONE: (860) 253-5144

FAX: (860) 741-4029



FRC CORNER

LET'S HEAR IT FOR DADS!

So often, families divide child care responsibilities along gender lines. The following hints are designed to help Dad's conquer their fears of the unknown and go where they've rarely gone before—to the changing table, over the side of the bathtub, into the grocery store.....

Get a child dressed– be in charge of helping their child get ready for the day. Create their own unique routine, one that's different from mom's routine

Read up- Whether the father of an infant, a toddler or a teen, make an effort to learn about a child's age and state of development. Read up on how to change a diaper, how to prepare a nursery, how to handle a tantrum or what toys to use to help a child learn and grow. Read also about the role a dad can play.

Read to their children– carve out a time slot for father time, be it everyday or every Saturday, when a child knows he can sit down with his dad and listen to stories. Dad's can take special field trips to the library or bookstores to let a child look at book selections so they can get a good understanding of what a child likes to read.

Make a weekend morning a Dad's morning– declare Saturday or Sunday mornings father time. Learn the morning routine ropes well enough to get a child out of bed, dressed and fed without the help of mom and go somewhere fun. Or go out for breakfast, just with dad. This is time both a child and mothers will look forward to.

Get comfortable in the grocery store– make a concerted effort to learn the foods and supplies that mom buys every week for the kids and offer to go to the store to get them. Take a list along, and ask the child to help find the things throughout the store.