

Delicious Home Cooked Meals  
Saturdays, Sundays, and Holidays

**Time: 12:00 noon**

Mark Twain Dining Room  
110 South Road  
Enfield, CT 06082

For reservations call 763-7519  
By the preceding Wednesdays at 2:00 P.M.

**Senior Citizens Join Us!**

\$3.00 Donation Requested

Sponsored by:  
Town of Enfield Department of Social Services  
Enfield Housing Authority  
North Central Area Agency on Aging

***January Menus 2010***  
***Mark Twain Congregate***  
***Living***



January 1, 2010  
New Year's Day

Cranorange Juice  
Roast Beef w. Vegetable Gravy  
Baked Potato  
Baby Carrots  
Dinner Rolls  
Special Desert (Holiday Ice Cream Roll)

January 18, 2010  
Martin Luther King

Cranberry Juice  
Chicken Pot Pie  
Peas  
12-Grain Bread  
Sliced Peaches

January 2, 2010

Vegetable Orzo Soup  
Roasted Turkey Sandwich  
Leaf Lettuce/Sliced Tomatoes  
Pineapple Coleslaw  
Crackers  
Fresh Fruit

January 3, 2010

Waldorf Salad  
Pork Loin w. Gravy  
Mashed Potato  
Peas and Sliced Carrots  
Whole Wheat Bread  
Vanilla Pudding w. Granola  
Bits

January 23, 2010

Hearty Beef and Bean  
Soup  
Ham and Swiss Cheese  
On Marble Rye  
Leaf Lettuce/Slice Tomatoes  
Coleslaw  
Wheat Crackers  
Tropical Fruit

January 24, 2010

Oven Fried Parmesan Chicken  
Rotino with Italian Sauce  
Tossed Salad w. Dressing  
Wheat Bread  
Fresh Fruit

January 9, 2010

Seafood Chowder  
Tuna Salad  
On Deli Roll  
Leaf Lettuce/Slice Tomatoes  
Three Bean Salad  
Oyster Crackers  
Sliced Peaches

January 10, 2010

Cranorange Juice  
Roast Turkey w. Gravy  
Mashed Potatoes  
Baked Acorn Squash Rings  
12 Grain Bread  
Fruit Square

January 30, 2010

Autumn Soup  
Stuffed Shells w. Italian Sauce  
Garden Salad w. Dressing  
Garlic Bread/Crackers  
Sherbet

January 31, 2010  
"Brunch"

Orange or Apple Juice  
Scrambled Eggs  
Blueberry Pancakes  
Bacon and/or Sausage  
Fruited Muffin  
Fruit Cup

January 16, 2010

Orange Juice  
Stuffed Pepper w. Tomato  
Sauce  
White and Wild Rice Blend  
Mixed Vegetables  
12-Grain Bread  
Sliced Pears

January 17, 2010

Roast Leg of Lamb w. Mint  
Jelly  
Parsley Potatoes  
Baby Carrots  
Wheat Bread  
Pineapple Cheese Cake

**All meals are served with 8 oz. milk and 1 tsp. of margarine.**