

... Youth Programs

Power Play Beginners Martial Arts *Ages 6-10 years old*

Participants will learn **Respect, Discipline** and **Confidence** in an environment that is fun and exciting. They will practice martial arts, as well as gain the self-control to use those skills only when necessary. Certified black belt instructors with extensive experience teaching children of all ages and developmental levels will direct the classes. Any questions, please call Integrity Martial Arts at 860-698-9226. Limit 10.

Location: Integrity Martial Arts, 585 Hazard Ave, Scitico Plaza

Dates: Tuesdays & Thursdays, January 12 - February 4

Time: 5:30 - 6:00 PM

Fee: \$80.00 Resident / \$90.00 Non-Resident

Activity Number: 3603.0117.124

Youth Basketball Open Gym *Ages 6-15 years old*

There will be open gym for youth at JFK Middle School. Children 10 and under must be accompanied by an adult. No more than 3 children per adult. Open gym will run December 6, 2009 through March 30, 2010. *No Program: 12/22, 12/24, 12/29, 12/31, 2/16*

10 Years & Under: Thursdays, 6:00 - 7:30 PM

11 - 14 Years Old: Tuesdays, 6:00 - 7:30 PM

15 - 18 Years Old: Tuesdays, 7:30 - 9:00 PM

Fee:
\$1.50 per night.

InspireWorks Enrichment Series *One Day Workshops*

Grades K - 5

Join us for these exciting one day workshops in which participants will get to explore a variety of different things in a fun, hands on environment. The best part, you can attend one, two or all five workshops. Register for four workshops and get the fifth one **FREE**. Workshops will be held on Tuesdays, 5:30 - 7:30 PM at the Angelo Lamagna Activity Center.

Future Engineers, January 26th - Have fun building your own bridge then testing it out! Basic engineering will be learned using a hands-on approach. The "How To's" of the designs will be taught but ultimately your imagination will lead the way. **#3603.0117.126**

Simply Sculpting, February 2nd - Explore the exciting world of 3-D sculpture! Learn how to talk about art, different techniques, and styles. Create masterpieces using different types of mediums. **#3603.0117.127**

Slime and Polymers, February 9th - What is a Polymer? Its something ooey, gooey, sticky, stretchy or slimey! In this class you will experiment and play with all kinds of crazy substances, and you will even get to make and take home your own slime! **#3603.0117.128**

Cooking Wizards, February 23rd - Join us in the kitchen as you learn a brand new recipe not offered in our Fun with Food Program. In this class you will learn essential cooking skills, kitchen safety and how to follow recipe directions. The best part of this class is you will get to eat everything you make! **#3603.0117.129**

Team Adventure, March 2nd - Do you have what it takes to untangle a giant human knot? Think you can find a way across the treacherous "Acid River"? Or walk blindfolded through a "Minefield"? Learn teamwork and creative problem-solving skills as you participate in a range of challenge activities and fun group games. **#3603.0117.130**

**Fee is \$23.00 per session for residents and \$25.00 per session for non-residents.
Register for four classes and get the fifth class free!**

Contact the office for details.

Babysitter Training *Ages 11 -15*

If you're 11 to 15 years old, you can get the knowledge, skills and confidence to care for infants and school-age children. Combining video, participant's handbook, activities, hands-on skills training and discussion for a complete learning experience, this course shows you how to respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care, make decisions under pressure, communicate with parents to learn household rules, recognize safety and hygiene issues, manage young children, feed, diaper and care for infants.

Full participant attendance is mandatory and the class may run late to ensure completion of the course. Please bring a bagged lunch with you. Limit: 10 per session.

Location: Angelo Lamagna Activity Center

Date:

February 20, 2010 #3603.0117.131

March 20, 2010 #3603.0117.132

Time: 9:00 AM - 5:00 PM

Fee: \$42.00 Resident
\$52.50 Non-Resident

*See page 6 for
information on
Olympic Fever
Ice Skating.*