

Mark Twain Congregate Living January 2018 Menu

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

(All meals are served with 8 ounces of milk and 1 tsp.
margarine)



January 1st
New Year's Day
Savory Mushroom &
Barley Soup
Roast Beef w/Veg Gravy
Baked Potato
Summer Squash Casse-
role
15 Grain Bread
Banana Cream Pie

January 6th
Minestrone Soup
All White tuna Salad on
Multigrain Roll
Leaf Lettuce/Sliced
Tomatoes
Pineapple Tri Color
Coleslaw
Whole Wheat Squares
Fruit Cocktail

January 7th
Tomato Zucchini Soup
Shepherd Pie
Sliced Carrots
Whole Wheat Bread
Peach Melba

January 13th
Autumn Soup
Lasagna Rolette w/
Italian Sauce
Garden Salad w/
Dressing
Garlic Bread
Wheat Crackers
Fresh Fruit

January 14th
Cranorange Juice
Chicken Breast Supreme
Herb Stuffing
Prince Ed. Medley
15 Grain Bread
Pumpkin Square

January 15th
Martin Luther King Day
Cream of Vegetable
Soup
Shepherd Pie
Green Beans
Whole Wheat Bread
Fruited Jello w/Topping

January 20th
Chicken Bowtie Soup
Chicken Taco
Potato Wedges
Cucumber, Onion,
Tomato Salad
Wheat Cracker
Pineapple & Mandarin
Oranges

January 21st
Baby Mix Green Salad
w/Pears, Nuts, & Feta
Cheese
Beef Brisket
Mashed Potatoes
Broccoli & Carrots
Dinner Roll
Lemon Cake w/berries

January 27th
Minestrone Soup
Grande Ravioli w/Italian
Sauce
Mixed Green Salad w/
Italian Dressing
Garlic Bread
Sliced Peaches w/
Oatmeal Raisin Cookie

January 28th
Brunch
Orange Juice
Scrambled Eggs
Cinnamon Raisin Toast
w/Syrup
Bacon/Sausage
Fruited Muffin
Fruit Cup