



DECEMBER 2019 SEMINARS

Cut the Cord

Wednesday, Dec 4, 1:00 pm

Presented by Samantha Lee, Head of Reference Services

Reference Librarian Sam Lee will guide folks through the basics of cutting the cable cord. Folks can expect to save money by taking control of home entertainment costs. She will go over the big 3 services: Netflix, Hulu and Amazon Prime – and the equipment needed to get connected.

Grief and the Holidays

Wednesday, Dec 11, 1:00 pm

Presented by Masonicare

Join Linda Huff Bereavement Counselor. Holidays can be stressful even in the best of times. If you are grieving the death of a loved one, you may be feeling added stress over the effort needed to plan or participate in holiday events. Come and talk together about how you can hold on to your memories and create new meaning while coping with your loss and finding a balance that works.

Getting the Most Out of Your Prescription Dollar

Wednesday, Dec 18, 1:00 pm

Presented by Western New England University College of Pharmacy and Health Services

A pharmacist will explain why drugs are so expensive with suggestions on how to cut prescription costs and practical ways to save money. A review of generic vs brand, Medicare vs Medicaid, programs to help with drug costs, and pharmacy saving programs will also be presented.