

Mark Twain Congregate Living July 2020 Menu

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging



July 3

Deconstructed Stuffed
Peppers
Noodles
Mixed Vegetables
Whole Wheat Bread
Pineapple & Mandarin
Oranges

July 4

Picked Beets
BQQ Chicken
Baked Beans
Coleslaw
Rolls
Watermelon

July 11

OJ
Sweet & Sour Pork over
Blended Rice
Prince Edwards
Vegetables
Oatmeal Bread
Sliced Pear with Oatmeal
Cookies

July 5

OJ
Scramble Egg Casserole
Hash Brown
Bacon/Sausage
Grilled English Muffin
Fruit Cup with Berries

July 12

Pineapple Juice
Roast Beef with
Mushroom Gravy
Baked Potato
Cauliflower & Peas
Whole Wheat Bread
Apple Nibbler

July 18

Country Style Soup
Chicken Salad with
Cranraisins on a
Deli Roll
with Leaf Lettuce
Tricolor Coleslaw
Multigrain Sun Chips
Fruit Cocktail

July 25

Tomato Garden Soup
Turkey Caesar Sandwich
Apple Slaw
Potato Wedges
Multigrain Bread
Sliced Pears

July 19

Orange Juice
Salisbury Steak with
Vegetable Gravy
Mashed Potatoes with
Chives, Sliced Carrots
Whole Wheat Bread
Vanilla Pudding with
Bananas

July 26

OJ
Egg & Cheese Sandwich
on Grilled English Muffin
Sausage/Bacon
Breakfast Potato
Fruit Cup with Bananas

*All meals are served with 8 ounces of milk and 1 tsp. margarine