

PRESCHOOL MARTIAL ARTS CLINIC

AGES 3-5 YEARS OLD

Has your little one shown an interest in martial arts but not sure if it is for them? If so, our FREE, two day clinic is for you! In conjunction with Integrity Martial Arts of Enfield, participants will explore the world of martial arts. This clinic is especially designed for preschoolers and kindergartners. Participants will be introduced to the basics of martial arts and character development topics. Integrity Martial Arts will be offering 3 additional sessions free at their studio for those who attend the clinic. Participants must wear a face mask, comfortable clothing and sneakers and bring a water bottle. One parent/guardian is REQUIRED to attend the program with each participant. **Please note that in addition to registering, you must complete the Integrity Martial Arts waiver at www.playatima.com.** Due to COVID-19, several new policies are required of all participants and their families. Please see page 2 for details. **Limit: 14.**

DATES: OCTOBER 5 & 7, 2020

LOCATION: GREEN MANOR PARK, 174 TAYLOR ROAD

TIME: 4:00 - 4:30 PM

RAIN LOCATION: INTEGRITY MARTIAL ARTS STUDIO, 585 HAZARD AVE.

FEE: FREE!

ACTIVITY NUMBER: 3602.0222.101

- Online Registration Begins -

Residents: Tuesday, September 15 at 8:00 AM

Non-Residents: Tuesday, September 22 at 8:00 AM

If you wish to register in person, please call the office at 860.253.6420 to set up an appointment, M-F, 8AM - 4PM.



ENFIELD RECREATION | 19 NORTH MAIN STREET
860.253.6420 | WWW.ENFIELD-CT.GOV/RECREATION



PROGRAM POLICIES RELATED TO COVID-19

- **If you or anyone in your household does not feel well for ANY REASON, please do not attend the program.**
- Please notify us if you or someone in your household tests positive for COVID-19 on the day of the program or in the 14 day immediately following the program.
- Please do not arrive more than 10 minutes before to the start of the program.
- Masks **MUST** be worn by parents at all times and by participants during non-active times, such as signing in and out and using the restroom.
- Sign in and out will be contactless and conducted verbally. When signing in and out, please maintain a social distance of at least 6 feet between yourself and others.
- Each participant **MUST** be accompanied by one parent/guardian during the program.
- Upon arrival, a visual and verbal health screening will be conducted by program staff.
- Hand sanitizer and restrooms will be available for participants and parents to use during the program. Hands must be sanitized/washed after signing in, after using the restroom and as needed.
- Peer-to-peer and instructor-to-peer contact will not be allowed at any time during the program. Participants will be socially distanced for the duration of the program.
- Equipment will not be shared to the best extent possible. Used equipment will be sanitized before and after the program and during the program as needed.
- Personal items will not be shared during the program.
- Participants must follow the instructor's directions to keep socially distanced throughout the program.
- Participants should bring all of their belongings with them when they leave - any items left behind will be discarded.
- If moved indoors due to weather: Only one parent/guardian per participant will be allowed in the building. Siblings of any age will not be allowed in the building at any time. Masks **MUST** be worn by parents/guardians at all times when inside.
- **Policies are subject to change based on new local, State or Federal regulations. We will communicate any changes via email.**