

Mark Twain Congregate Living Weekend & Holiday Meal Program November 2020 Menu

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 860-763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging



November 7

Corn Chowder
Breaded Fish Sandwich/
Tarter Sauce
Potato Wedges
Tri-Coleslaw
Multigrain Roll
Oyster Crackers
Fresh Fruit

November 8

OJ
Oven Fried Parmesan
Chicken
Rotini with Italian Sauce
Tossed Salad w/
Cranraisins/Dressing
Broccoli
Wheat Bread
Ice Cream Sandwich

November 21

Cranberry Juice
Chicken Breast
Filet Sandwich
w/Leaf Lettuce &
Sliced Tomato
Sweet Potato
Multigrain Roll
Sliced Peaches
Oatmeal Cookies

November 22

Orange Juice
Autumn Beef Stew
Garden Salad with Dressing
Cut Green Beans
Homemade Biscuit
Pumpkin Square

November 11

Veteran's Day (Observed)

Spaghetti & Italian Sausage
w/Italian Sauce
Garden Salad w
Italian Dressing
Broccoli Cuts
Whole Wheat Bread
Sherbet/Fresh Berries

November 26

Thanksgiving

Cranberry Juice
Roast Turkey
with Stuffing & Gravy
Sweet Potato
Holiday Peas
Dinner Roll
Slice of Pie

November 27

Hearty Beef, Barley &
Bean Soup
Macaroni & Cheese
Scalloped Tomatoes
Whole Wheat Bread
Pineapple &
Mandarin Oranges

November 14

Chicken Barley
Vegetable Soup
Meatball Grinder w/Cheese
Garden Salad/Dressing
Grinder Roll/Wheat
Crackers
Fruit Cocktail

November 15

Apple Juice
Roast Pork Loin w/Broth
Smashed Potatoes
Sliced Carrots
Whole Wheat Bread
Apple Cherry Crisp

November 28

Pineapple Juice
Salisbury Steak w/
Mushroom Gravy
Mashed Potatoes
Broccoli Medley
Rye Bread
Tropical Fruit

November 29

Orange Juice
Egg & Cheese Sandwich on
Grilled English Muffin
Sausage/Bacon
Breakfast Potatoes
Fruit Cup w/Bananas

(All meals are served with 8 ounces of milk and 1 tsp. margarine)