

Enfield Senior Center
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News Release: Week of April 12, 2021

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

On April 5, the Enfield Senior Center opened for programming on a limited basis. The staff were happy to see so many smiling faces even under their masks. Some were well known and some brand new to the center. Everyone was eager to get to their classes and it was exciting to hear laughter and friends catching up. We even welcomed the Zumba music in the Great Room.

The Center is currently open Monday – Friday, 8:00am – 4:00pm. Anyone wishing to participate must be pre-registered. Registration forms can be found on the Senior Center website or on the cart outside the front door. The doors will remain locked and staff will be happy to let you in.

Fitness Classes and Arts & Crafts Classes: There are still openings in some of our classes. Please call the Center to see if there is availability.

Computer Classes: Do you need help with your device, looking to brush up on your skills, have questions you do not want to ask the Grandkids? Dara is ready and willing to assist you. Spots are available in the following classes:

Drop-In Tech Time – Wednesday, April 14 at 1:30pm. Free.

Computer 101 – Wednesday, April 21 at 1:30pm. Resident: \$3.00; Non-Resident: \$4.00

Special Events:

Movie: Wild Mountain Thyme – Friday, April 23 at 1:30pm. \$2.00 collected at the door.

Virtual Bingo - Thursday, April 15 at 2:00pm. Sponsored by Home Helpers and The Ivy. Email nmatson@homehelpershomecare.com to register.

Virtual Bingo – Friday, April 30 at 1:30pm. Prizes sponsored by Stonebrook Village.

TED Talks:

How to Get Better at the Things You Care About – Thursday, April 22 at 1:30pm. This program is free, however, please email SeniorCenter@enfield.org to register.

Medical Loan Equipment: Residents have been very generous over the winter months donating their medical equipment. We have an abundance of equipment ready to loan out for free. Please call or email the Senior Center for more information.

Walking Trail: We are very blessed to have our very own outdoor walking trail. Now that the warm weather is upon us, we invite you to try out the trail. Bring along a friend, socialize and breathe in the fresh air. Its time to get out and about.

Questions: Many of you have inquired when the Senior Center might be able to open for more programming not listed in the April newsletter. At this time, we are still required to ensure that participants are wearing a mask and distancing themselves 6 feet apart. As regulations relax and we get more guidance we will roll out more programming. We are hard at work behind the scenes to bring you your favorite programming and will let you know when we get the green light. Everyone's health and safety are always a priority at the Senior Center.

It was a great first week. Staff have enjoyed catching up. We have missed all of you as much as you have missed being here. If you have not checked out what's happening at the Center, we encourage you to do so. If you are not ready to attend in-person classes, register for one of our virtual classes, or get together with friends at the Gazebo. If you are just not sure yet give us a call and we can help guide you to find an activity. Either way, we look forward to hearing from you.