

**Enfield Senior Center**  
**299 Elm Street, Enfield, CT 06082**  
**860-763-7425**

News Release: Week of September 20, 2021

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

**October Newsletter:**

The October Newsletter is now available on-line or for pickup at the Senior Center. Resident registration for October classes starts on Monday, September 20 and non-resident registration starts on Monday, September 27. Registration will be accepted until classes are full.

**CHOICES Counseling:**

**Questions about Medicare Open Enrollment?**

CHOICES helps Connecticut's older adults and person with disabilities understand their Medicare coverage and healthcare options. Open enrollment is from October 15 – December 7. Appointments with Jennifer Switalski, LMSW, Elderly Services Care Coordinator with the Enfield Social Services Department, call 860-253-6403. Appointments with Will St.George, CHOICES Counselor, on Thursday afternoons at the Enfield Public Library or Friday mornings at the Enfield Senior Center, call 860-763-7425.

**Trivia Treats and Coffee:**

Join Nicole Matson from Home Helpers for trivia questions, coffee, and treats. It's a great way to socialize and have some fun. Wednesday, September 22 at 10:30am.

**Arts & Crafts Classes:**

Paint Party, Monday, September 20, 1:00-3:00pm

Basic Macrame Wall Hanging, Thursday, September 23, 1:00-4:00pm

Jewelry Making, Friday, October 1, 9:30-11:30am

**Ask The ...:**

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment.

Legal Consultation: September 21

Ask the Lawyer: September 29

**Ted Talks:**

The Emotions Behind your Money Habits – Thursday, September 23 from 1:30-2:30pm. Free.

Your money habits reveal a lot about you: your hopes, fears, dreams, and other deep personal truths you may not even be aware of, says accountant Robert A. Belle. He shares how taking stock of your transaction history can unlock surprisingly valuable insights about what drives you to spend and provides practical tips on how to perform an "emotional audit" of your expenses.

**Computer Classes:**

Smart Phones – Basic Photos, Wednesday, September 22, 1:30-3:30pm. Resident \$3.00; Non-resident \$4.00.

Smart Phones – Internet Search, Wednesday, September 29, 1:30-3:30pm. Resident \$3.00; Non-resident \$4.00.

**Fun Bingo:**

Wednesday, September 25 from 10:45am-12:00pm in the Dining Room. Drop-in and play a few games for small cash prizes. Cost is 50 cents per card. Please bring exact change.

**Focus on “Enfield Historical Society Museums” with Jim Malley:**

This presentation will include an overview of the Old Town Hall Museum, the Martha A. Parsons House Museum, and the Wallop School Museum. It will be held in the Great Room at the Senior Center on Thursday, September 23 at 2:00pm. Please register by calling 860-763-7425.

**TRIAD – File of Life Presentation:**

Wednesday, September 29 at 2:00pm

Have you ever had an emergency and emergency personnel asked what medical conditions you have, what allergies you have, do you have medical insurance, are you on any medication, etc.? Join TRIAD as they act out what happens when you call 911 and you can't remember or respond to those questions. Then see how it works when you can answer those questions because you have a completed File of Life on your refrigerator. TRIAD will answer your questions and even help you fill out the form.

**Child Car Seat Check:**

The Shaker Pines Fire Department will be at the Enfield Senior Center parking lot on Saturday, September 25 from 9:00am-3:00pm. Child car seats will be checked free of charge by certified child passenger safety technicians.

**Volunteer Opportunities:**

The Enfield Senior Center is looking for volunteers for Congregate Lunches in the Dining Room and drivers for Meals on Wheels. If you are available weekdays between 11:00am-1:00pm, please stop by and inquire about volunteering.

**Monthly Birthday Party:**

Parkway Pavilion Health & Rehab provides a birthday cake the last Wednesday of the month for all community café luncheon participants to celebrate the birthdays of everyone in that month.

**Mask Mandate:**

A mask mandate went into effect at the Enfield Senior Center on Monday, August 16 until further notice. Everyone visiting the Senior Center is required to wear a mask or face covering regardless of vaccination status.