

**Enfield Senior Center**  
**299 Elm Street, Enfield, CT 06082**  
**860-763-7425**

News Release: Week of October 11, 2021

Contact: Mary Keller, Senior Center Manager, [mkeller@enfield.org](mailto:mkeller@enfield.org)

**Columbus Day:**

The Senior Center will be closed on Monday, October 11 for the holiday.

**Trivia, Treats and Coffee:**

Join Nicole Matson from Home Helpers for some fun as she tries to stump you with her trivia questions. Breakfast treats and coffee will be served. Tuesday, October 12 at 10:30am. Free.

**Stroke Support:**

Tuesday, October 12 from 10:00-11:30am. Join others for support, friendship, and education. If you have any questions, please contact Alexis at [aferioli@baypath.edu](mailto: aferioli@baypath.edu) or call 413-565-1412.

**Afternoon Book Chat:**

Katie Werth, Deputy Director of Libraries will lead the discussion on “The Nest” by Cynthia D’Aprix Sweeney on Wednesday, October 13 at 2:30pm. The Nest is a warm, funny, and acutely perceptive debut novel about four adult siblings and the fate of the shared inheritance that has shaped their choices and their lives.

**Coloring for Stress:**

Thursday, October 14 from 1:00-3:00pm. Free. Please register in advance at the Front Desk.

**Fun Bingo:**

Wednesdays, October 13 & 27, 10:45am – 12:00pm. Drop-in and play a few games for small cash prizes. Cost is 50 cents per card. Please bring exact change.

**Ted Talks:**

How to Find Meaning after Loss, Thursday, October 14 from 1:30-2:30pm, Free. You may be familiar with the five stages of grief. After decades of research David Kessler has sought a sixth, crucial stage: meaning. He shares practical wisdom and strategies for anyone seeking to honor a loved one’s memory and move through life in light of personal loss.

**Computer Classes:**

Tech Time with Audra Lauf from Comfort Keepers, Wednesday, October 13 at 10:00am. Free.

Drop-in Tech Help, Wednesday, October 13 from 1:30-3:30pm. Free.

Smart Phones – Installing and Updating Apps, Wednesday, October 27 from 1:30-3:30pm. Resident \$3.00; Non-resident \$4.00.

**Ask The ...:**

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment.

Legal Consultation: October 19

Ask the CPA: October 20

Ask the Lawyer: October 27

**CHOICES Counseling:****Questions about Medicare Open Enrollment?**

CHOICES helps Connecticut's older adults and person with disabilities understand their Medicare coverage and healthcare options. Open enrollment is from October 15 – December 7. Appointments with Jennifer Switalski, LMSW, Elderly Services Care Coordinator with the Enfield Social Services Department, call 860-253-6403. Appointments with Will St.George, CHOICES Counselor, on Thursday afternoons at the Enfield Public Library or Friday mornings at the Enfield Senior Center, call 860-763-7425.

**Raffle Prize Winners:**

The Senior Center would like to thank Shear Finesse I in Enfield for their raffle prizes for the month of September. Two \$40.00 prizes were awarded on September 30 to Pauline Devino and Judy Thibodeau. Congratulations and enjoy the pampering!

**Donations:**

The Enfield Senior Center would like to thank the following donors for their generous gifts.

**In Memory of Annette Leitao:**

Ron & Louise Leitao

**In Memory of Carmelina Maggio:**

Anna Horkun

**Congregate Meals – Elderly Nutrition Program:**

Provided by CRT. Meals are served at noon, Monday – Friday to persons 60 years and older and their spouses. Participants are asked to register with CRT by filling out a Form 5 prior to their first meal. Forms can be picked up at the Senior Center front desk or in the kitchen. To reserve a meal, please call the kitchen at 860-763-7428 and leave a message by noon the business day before.

**Mask Mandate:**

A mask mandate went into effect at the Enfield Senior Center on Monday, August 16 until further notice. Everyone visiting the Senior Center is required to wear a mask or face covering regardless of vaccination status.