

COMMUNITY RENEWAL TEAM CONGREGATE MENU - NOVEMBER 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Beef Hot Dog Hot Dog Bun Mustard, Relish, Ketchup Baked Beans California Blend Veggies Fresh Fruit	2	ELECTION DAY SENIOR CENTER CLOSED	3	Orange Juice Vegetable Lasagna Zucchini Squash Wheat Bread Whole Gr Oatmeal Bar	4	Chicken Breast / Gravy Lyonnais Potatoes Caribbean Blend Veggies 12 Grain Bread Fresh Fruit	5	Fish Florentine Fiesta Rice Cut-Up Winter Squash Oatnut Bread Fresh Fruit
8	Apple Juice American Beef Chop Suey Vegetable Medley 12 Grain Bread Fresh Fruit	9	Orange Juice Chicken w/ Pesto Sauce Mashed Potatoes Green Beans Oatnut Bread Cookie	10	Stuffed Pepper with Tomato Sauce Pasta Italian Blend Vegetables Italian Bread Fresh Fruit	11	CRT Closed in Observance of Veteran's Day Senior Center Closed	12	Oven-Baked Fried Chicken Garlic Mashed Potatoes Carrots 12 Grain Bread Fresh Fruit
15	Kielbasa and Cheese Pierogies with Caramelized Onions Capri Blend Vegetables 100 % Whole Wheat Bread Fresh Fruit	16	Orange Juice Pasta Bolognese w/ Rigatoni Seasoned Green Beans Wheat Dinner Roll Applesauce	17	Meatloaf / Onion Gravy Seasoned Diced Potatoes Broccoli Florets 100 % Whole Wheat Bread Fresh Fruit	18	CRT Holiday Meal Orange Juice Roast Turkey w/ Gravy Herb Stuffing/Cranberry Scones Holiday Vegetables Corn Muffin Frosted Cake Slices	19	Baked Fish w/ Lemon Dill Butter Parslied Boiled Potatoes Yellow Squash Whole Grain White Bread Peaches
22	Chicken Picata Rice Pilaf Prince Wm Blend Veggies 100 % Whole Wheat Bread Fresh Fruit	23	Cheese Veg Roll-Up w/ Meat Sauce Ital Blend Vegetables Garlic Knot Fresh Fruit	24	Peach Glazed Pork Loin Baked Beans Zucchini Corn Muffin Loaf Fresh Fruit	25	CRT Closed in Observance of Thanksgiving Day Senior Center Closed	26	CRT Closed in Observance of Thanksgiving Day Senior Center Closed
29	Cran-apple Juice Stuffed Cabbage w/Tom Scones Bowtie Pasta Broccoli Florets 100 % Whole Wheat Bread Frosted Cake	30	Gen Tso (Mild) Chicken Vegetable Fried Rice Asian Vegetable Blend 12 Grain Bread Mandarins				Enfield Senior Center To Reserve a meal, call 860-763-7428 by noon the business day before.	If you need to cancel your reservation, please call 860-763-7428 as soon as possible.	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford.