

Enfield Senior Center
299 Elm Street, Enfield, CT 06082
860-763-7425

News Release: Week of November 15, 2021

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

December Newsletter:

The December newsletter is now available on-line or in print at the Senior Center. Resident registration begins Monday, November 15 at 8:30am. Non-resident registration begins on Monday, November 22 at 8:30am. Registration is on going until classes are full.

Afternoon Dance:

Friday, November 19 from 1:30-3:30pm. Enjoy an afternoon of music and dancing to the sounds of Richie Mitnick on the keyboards. Music and snacks sponsored by Stonebrook Village at Windsor Locks. This event is free.

Program Suspension:

Due to a cluster of COVID infections, the following programs will not meet at the Senior Center until after Thanksgiving: cards, games, billiards, and coffee service. It is with deep regret that these programs were cancelled but the health and safety of all the participants are our top priority. We wish everyone a speedy recovery and would like to remind people the mask mandate is in effect for the safety of everyone in the Senior Center.

Active Aggressor Presentation and Friends Social:

Sponsored by TRIAD - Wednesday, November 17 at 2:00pm in the Great Room. In the news every day you hear of someone becoming aggressive at the store, a sporting event, at work, just about everywhere. Would you know what to do? Join Office Mark Rochette from the Enfield Police Department as he explains what to look for and how to handle a situation should you encounter someone being aggressive. After the presentation stay for a Meet and Greet Social with the Friends of the Enfield Senior Center. Refreshments will be served. Please call 860-763-7425 to reserve a seat.

Focus on "Roads, Rails, Bridges, and Trails" with Mike Miller:

Thursday, November 18 at 2:15pm in the Great Room. Today most people get around Enfield by car. A few take the bus or ride a bike, or even walk! But how did folks get around Town in the past? How did they travel to or from Enfield? Enfield Historical Society member Mike Miller will answer these questions and more using photos and artifacts from the Society's Old Town Hall Museum. Saddle your horse, hitch up your carriage, or jump on your velocipede and join us for this "traveling" show.

Trivia and Treats:

Join Nicole Matson from Home Helpers on Tuesday, November 16 at 10:30am in the Dining Room.

Coloring for Stress:

Thursday, November 18 from 1:00-3:00pm. Please sign up at the front desk.

Computer Classes:

Smart Phones – Tips and Tricks, Wednesday, November 17 from 1:30-3:30pm. Resident \$3, Non-resident \$4.

Stroke Support Group:

The Stroke Support Group has been moved from Tuesday, November 9 to Tuesday, November 16 from 10:00-11:30am. For more information contact Alexis at aferioli@baypath.edu or call 413-565-1412.

Ask The ...:

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment.

Legal Consultation: November 16

Ask the CPA: November 17

Ask the Lawyer: November 24

Ask the Realtor: December 1

Medicare Workshops with Stateline Services:

Stateline Senior Services will present Medicare options for 2022. They will provide an overview of the Medicare Program and highlight specific 2022 Medicare Advantage Plan options.

November 17 – United Healthcare 1:00-3:00pm

CHOICES Counseling:

Questions about Medicare Open Enrollment?

CHOICES helps Connecticut's older adults and person with disabilities understand their Medicare coverage and healthcare options. Open enrollment is from October 15 – December 7. Appointments with Jennifer Switalski, LMSW, Elderly Services Care Coordinator with the Enfield Social Services Department, call 860-253-6403. Appointments with Will St. George, CHOICES Counselor, on Thursday afternoons at the Enfield Public Library or Friday mornings at the Enfield Senior Center, call 860-763-7425. Spaces are limited.

Mask Mandate:

A mask mandate went into effect at the Enfield Senior Center on Monday, August 16 until further notice. Everyone visiting the Senior Center is required to wear a mask or face covering regardless of vaccination status.