

COMMUNITY RENEWAL TEAM JANUARY 2022 CONGREGATE MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Orange Juice Salisbury Steak / Gravy Cut-Up Sweet Potatoes Spinach 100 % Wh Wheat Bread Frosted Cake	4	Italian Style Calzone Pasta / Marinara Sce Mixed Vegetables 12 Grain Bread Fresh Fruit	5	Crab Cake Tartar Sauce Seasoned Potato Wedges Capri Blend Vegetables Wheat Dinner Roll Peaches	6	Cran-Apple Juice Roast Turkey w/ Gravy Red Bliss Mashed Potatoes Broccoli 100 % Whole Wheat Bread Cookie	7	Beef Stew w/ Boiled Potatoes and Carrots Corn Muffin Fresh Fruit
10	Grande Ch Ravioli /Tom Cream Sce / Parm Cheese Mixed Vegetables Wholegrain White Bread Fresh Fruit	11	Orange Juice Fish Sticks Tartr Sce Potato Wedges 4-Way Veg Blend Oatnut Bread Fruit Oatmeal Bar	12	Beef Hot Dog Hot Dog Bun Mustard, Relish, Ketchup Baked Beans California Blend Vegetables Fresh Fruit	13	Chicken Parmesan Pasta / Italian Sauce Vegetable Medley 100 % Whole Wh Bread Pears	14	Grape Juice Roast Pork Loin w/ Orange Marmalade Sauce Sweet Potatoes Brussel Sprouts Wheat Dinner Roll Frosted Cake
17	CRT Closed in Observance of Holiday	18	Stuffed Shells / Sce Parmesan Cheese Zucchini Garlic Knot Fresh Fruit	19	Cran-Apple Juice Potato Crumb Fish Tartar Sce / Potato Wedges Chuckwagon Blend Veggies Oatnut Bread Frosted Cake	20	Glazed Baked Ham / Mustard Mashed Sweet Potatoes Seasoned Green Beans 12 Grain Bread Mandarin Oranges	21	Orange Juice Swedish Meatballs w/ Gravy Savory Diced Potatoes Broccoli Florets Wheat Bread Fruit Oatmeal Bar
24	Orange Juice Kielbasa / Mustard Cheese Pierogies/ Onions Capri Blend Vegetables Oatnut Bread Cookie	25	Battered Fish / Tartar Sce / Potato Wedges Prince Edward Veggies Wholegr White Brd Fresh Fruit	26	Grape Juice Oven Baked Fried Chicken Garlic Mashed Potatoes Carrots 12 Grain Bread Frosted Cake	27	Roast Beef w/ Gravy Mashed Potatoes Vegetable Medley Corn Muffin Peaches	28	Stuffed Pepper w/Tom Sce Rice Pilaf Italian Mix Vegetables Wheat Dinner Roll Fresh Fruit
31	Chicken Picata Rice Pilaf Prince Wm Blend Veggies 100 % Whole Wh Brd Fresh Fruit				Enfield Senior Center - To reserve a meal, call 860- 763-7428 by noon the business day before.		To cancel your reservation, please call 860-763-7428 as soon as possible.		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford.