

NAME: \_\_\_\_\_

**COMMUNITY RENEWAL TEAM JULY 2022 CONGREGATE MENU**

PHONE: \_\_\_\_\_

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Enfield Senior Center - To reserve a meal, call 860-763-7428 by noon the business day before.		To cancel your reservation, please call 860-763-7428 as soon as possible.					1	BBQ Chicken Leg Potato Salad Seasoned Corn Corn Bread Watermelon Slice
4	CRT Closed in Observance of Fourth of July Senior Center CLOSED	5	<u>Nat'l Hot Dog &amp; Beans Month</u> Grape Juice Beef Hot Dog / Hot Dog Bun Mustard, Relish and Ketchup Baked Beans Creamy Coleslaw Home-Baked Cookie	6	Orange Juice Cobb Salad w/ Bacon, Hard Boiled Egg, Red Onion, Cherry Tomatoes and Avocado / Ranch Dressing / Dinner Roll Fresh Fruit	7	Italian-Style Meatballs Baked Ziti w/ Mozzarella Seasoned Green Beans Garlic Knot Fresh Fruit	8	Baked Pork Chop / Gravy Corn Bread Stuffing California Blend Veggies 12 Grain Bread Pineapples & Mandarins
11	Apple Juice Beef & Bean Burrito Rice & Beans Roasted Corn Fresh Fruit	12	Tomato Soup Grilled Cheese & Tomato Sandw Curly Fries / Catsup Coleslaw Fresh Fruit	13	Orange Juice Margherita Pizza Garden Salad w/ Toms & Cucumbers / Dressing Brownie	14	General Tso Chicken Vegetable Fried Rice Asian Vegetable Blend 12 Grain Bread Applesauce	15	Fruit Punch Juice Hamburger w/ Lett, Tom, Cheese on Kaiser Roll Ketchup / Mustard Tortellini Salad Biscuit w/ Berries & Topping
18	Orange Juice Meat Ravioli w/ Sauce California Blend Veggies Garlic Bread Fresh Fruit	19	Grape Juice Greek Chicken Salad w/ Romaine Lettuce; Lemons; Feta Cheese; Cucs; Cherry Toms; Red Onions; Black Olives / Pita Chips / Frosted Carrot Cake	20	<u>Nat'l Fortune Cookie Day</u> Fruit Punch Juice Teriyaki Shrimp Skewers Fried Rice / Broccoli Oatnut Bread Fortune Cookie	21	Spinach & Tomato Quiche Lyonnaise Potatoes Asparagus Rye Bread Fresh Fruit	22	Popcorn Shrimp Crinkle Fries / Catsup Vegetable Medley Wheat Dinner Roll Fresh Fruit
25	Apple Juice Meatloaf w/ Veg Gravy Seasoned Egg noodles Spinach / 12-Bread Frosted Cake	26	Chicken Fajita w/ Peppers & Onions Red Rice & Beans 4-Way Vegetable Blend Peaches	27	BBQ Beef Brisket Macaroni & Cheese Brussel Sprouts Rye Bread Fresh Fruit	28	Chicken Alfredo with Penne Pasta Broccoli Florets 100 % Whole Wheat Bread Fruit Cocktail	29	<u>National Lasagna Day</u> OJ Vegetarian Lasagna Italian Mix Veggies Garlic Knot Home baked Cookie

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.  
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford.

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