

Spring Field Hockey Clinic

Grades 3 - 5 and 6 - 8

Whether you are learning the sport for the first time or are looking to improve your skills and knowledge, this clinic is perfect for you! Participants will be introduced to and taught the fundamentals of field hockey. Enfield High School Varsity Field Hockey Coach, Amy Novak, will be the lead instructor. Coach Novak and her staff will cover stick and ball handling, passing and receiving, shooting and game rules. The first half of the program will focus on skills and drills, while the second half will be game play. Participants must bring shin guards, a mouth guard, a field hockey stick and a water bottle. There will be a limited supply of sticks available to borrow if needed. **Limit: 16 per group.**

Dates: Wednesdays, May 3 - 24

Fee: \$35.00 Residents/\$43.75 Non-Residents

Times: Grades 3-5: 5:00 - 6:00 PM
Grades 6-8: 6:15 - 7:15 PM

Location: Enfield Annex Synthetic Turf Field
124 North Maple Street

- Registration Begins -

Residents: Friday, March 24 at 8:30 AM
Non-Residents: Friday, March 31 at 8:30 AM

*Enfield Recreation | 124 North Maple Street
860.253.6420 | www.enfield-ct.gov/recreation*