

Enfield Senior Center
299 Elm Street, Enfield, CT 06082
860-763-7425

News Release: Week of May 8, 2023

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

Paint Party:

Monday, May 8, 1:00-3:30pm.

11 x 17 inch dragonfly painting. All supplies included. Resident \$20.00, non-resident \$25.00.

Stroke Support Group:

Tuesday, May 9, 10:00-11:30am

Join others for support, friendship, and education. Free.

Name that Tune:

Tuesday, May 9, 1:00pm

50's-70's music trivia. Light refreshments served. Sponsored by Comfort Keepers.

Free.

Fun Bingo:

Wednesday, May 10, 10:45-11:45am.

Drop-in and play a few games for small cash prizes. The cost is fifty cents per card. Please bring exact change.

Sassy Sewers:

Wednesdays, May 10 & 24, 1:00-3:00pm.

Free.

Computer Basics: Surfing the Internet

Wednesday, May 10, 1:30-3:30pm

Resident \$4.00, non-resident \$5.00.

Instructor: Dara

Afternoon Book Chats:

The Lost Apothecary by Sarah Penner

Wednesday, May 10, 2:30pm

Free.

Tech Time:

Thursday, May 11, 10:00-11:00am

Free.

Instructor: Jen from Talem Home Care

Coloring for Stress Relief:

Thursday, May 11, 1:00-3:00pm.

Coloring generates wellness, quietness and stimulates the brain. Free.

TED Talks:

Talk About Your Death While You're Still Healthy

Thursday, May 11, 1:30-2:30pm.

Free.

Foot Care:

Friday, May 12, 8:30am-3:00pm.

Please call 860-205-2993 for pricing or to book an appointment.

Ask The ...:

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment. Ask the Home Inspector hours are 4:30-5:45pm.

Legal Consultation: May 16 (guidance from general practice law firm)

Ask the Lawyer: May 31 (advice from practicing Elder Law attorneys)

Ask the Realtor: June 7 (Senior Real Estate Specialist)

Ask the CPA: Call to schedule a phone appointment.

Ask the Home Inspector: Call to schedule a phone appointment. (info regarding new home purchase, resell, and improvements)

Senior Living TV:

May's show will feature Mayor Bob Cressotti. The mayor will discuss the new Senior Tax Credit program and the existing Circuit Breaker Tax Relief Program in Enfield. He will also highlight several other programs and activities in the town. Senior Living airs on Cox Cable channel 15 on Thursdays at 6:30pm and Fridays at 9:30am.