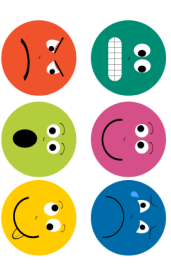




September 2023

Theme for the fall session
Social & Emotional Skills



Apple Pie Scented Play Dough

Ingredients

- 1 cup flour
- ¼ cup salt
- ½ Tbsp. vegetable oil
- 1 tsp. cream of tartar
- ½ tsp. nutmeg
- 1 tsp. cinnamon
- 1 tsp. red food color
- 1 cup water

Instructions

In a large pot, combine all dry ingredients and mix well.

Add in vegetable oil, food color, and water, stir.

Cook over medium heat until the dough pulls away from pot and starts to become dry.

Turn off heat, let cool, and knead.

Notes:

If the dough feels too sticky, knead in a tablespoon of flour.

Apples, Apples (Tune: Twinkle, Twinkle, Little Star)

Apples juicy,
Apples round
On the tree or on the ground.
Apples yellow,
Apples red,
Apples red,
Apple pie, and juice, and bread.
Apples crunchy,
Apples sweet.

Books:
The Apples on the Tree- Steve Metzger
Ten Red Apples- Pat Hutchins
Big Red Apple- Tony Johnston



Theme of the Month: Apples

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
	4 Labor Day NO SCHOOL!	5	6	7	8	9
10	11	12	13	14	15	16
17 Family Day On the town green 11:30-3:00	18 Drop-In Meet-n-Greet at Stowe 8:30-11:30 OR 2-4 Meet-n-Greet at Barnard 9-11 OR 2-3	19 Playgroups begin at Stowe and Henry Barnard FRC! 	20 Grandparent's Education Session- QPR Training 5:30-7:00	21	22	23
24	25	26	27 Enfield Public Schools Early Dismissal Evening Playgroup at Stowe 5pm to 6pm	28	29 Picnic & Play at Town Hall playground 10:30am	30

Thank you to our business sponsors!

LEGO® Community Fund U.S.

U.S.A. Hauling & Recycling

Family Resource Center newsletter

Sept 2023

CREATING A PARTNERSHIP BETWEEN THE SCHOOL, FAMILY AND COMMUNITY.



Town of Enfield

**Department of Social Services
Enfield Family Resource Centers**

Henry Barnard School

27 Shaker Road
Enfield, CT 06082
860-253-5144

Stowe Early Learning Center

117 Post Office Road
Enfield, CT 06082
860-253-6580

Angelica Fajardo

Early Childhood Social Worker

afajardo@enfield.org

860-253-5214

www.enfield-ct.gov/frc

FAMILY DAY ON THE TOWN GREEN

Sunday, September 17

11:30am–3:00pm

Enfield Town Green

The Family Resource Center will again participate in Family Day on the Green.

We will sponsor a table with family activities. Please stop by and visit us.

Hope to see you there!



**Thank You to Our
Business Sponsors!**

**LEGO® Community Fund U.S.
&
U.S.A. Hauling & Recycling**

English:

Interpretation services now available for families in many languages

Spanish:

Los servicios de interpretación ahora están disponibles en muchos idiomas para las familias.

Arabic:

خدمات الترجمة الشفوية متوفرة الآن للأسر، في العديد من اللغات



We are on Facebook! Like "Enfield Family Resource Center" for more information, articles and events!



PLAYGROUPS

**Now enrolling for our fall
playgroup session!**

(Week of Sept. 18th – Nov. 30th)

Register for one of our interactive and educational playgroups for children ages birth to five years old. You and your children will have fun playing, exploring, singing and reading together. All activities provided are designed to support learning and social skills through play!



Henry Barnard Schedule with Ms. Lisa:

Tuesdays ages birth to 2 years

9am to 10am OR

Tuesdays ages birth to 5 years

10:30am to 11:30am

Wednesdays ages birth to 5 years

9am to 10am OR

Wednesday ages 2 to 3 years

10:30am to 11:30am

Thursdays ages birth to 5 years

9am to 10am OR 4pm to 5pm

For more information or to sign up, please contact Lisa Carriere, 860-253-4769 or lcarriere@enfield.org.

Stowe ELC Schedule with Ms. Erin:

Tuesdays ages birth to 5 years

9am to 10am OR 10:30am to 11:30am

Wednesdays ages birth to 2 years

9am to 10am OR 10:30am to 11:30am

Thursdays ages 2 to 3 years

9am to 10am OR 10:30am to 11:30am

For more information or to sign up, please contact Erin Grimes, 860-253-6580 or egrimes@enfield.org.

EVENING PLAYGROUP

Wednesday, September 27

5:00pm to 6:00pm

Family Resource Center at Stowe



Join us for an evening playgroup where we enjoy songs, stories, toys and fun activities. This is an interactive and educational playgroup for parents, grandparents, caregivers and their children, birth to 5 years. Pizza dinner will be served!

To Sign up:

Email Erin Grimes: egrimes@enfield.org

SUPPORT GROUPS

**GRANDPARENTS RAISING
GRANDCHILDREN**

EDUCATION SESSION – QPR TRAINING

Wednesday, September 20

5:30pm to 7:00pm

To Register:

Email Amy Morales: amorales@enfield.org

QPR stands for Question, Persuade, and Refer– 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

CIRCLE OF SECURITY

Our Parent Educators are looking to start an eight week series for parents and caregivers who are interested in participating in the Circle of Security Parenting® program. This program is based on decades of research about how secure parent-child relationships can be supported and strengthened. This series is geared towards children ages 4 months-six years.

**For more information or to sign up
please email Erin Grimes at
egrimes@enfield.org**

FRIDAY FIELDTRIPS

PICNIC & PLAY

Friday, September 29

10:30am

Town Hall Playground

820 Enfield Street, Enfield

(Weather permitting)

Join us for a fun morning of play at the playground behind the town hall. Come ready to get all of your energy out by running, jumping, swinging and sliding with friends! Bring a picnic blanket and lunch and a special treat will be provided at the end!



**** Please contact Erin Grimes
to register!**

**You may email egrimes@enfield.org
or call 860-253-6580****

